



UPCOMING TBC EVENTS

- **June 5** - **Lake Jordan work day starting at 8:30**, Ebenezer Point
- **June 12** - **TBC Race #3 at Windmill Point, Nags Head** Skippers meeting at noon
- **June 15** - **Monthly Social 6:00 p.m. at Out of the Park**
- **June 26** - **Learn to Windsurf Day at Lake Wheeler from 10:00 to 1:00** with Brett Landry from Sail World (contact Lorraine King for more info: kinglorrainem@hotmail.com)
- **October 23** - **TBC Race #4 at Island Rigs, Emerald Isle** Skipper's meeting at noon

For a schedule of ABK camps, check <http://www.abkboardsports.com/>. The next Hatteras dates are October 22 – 24 and October 25 - 29, 2004.

Check your expiration date of your TBC membership on the mailing labe and send in your renewal if it's about to expire. If your mailing or email address has changed, contact Randy Dunn at randydunn@yahoo.com or 919-467-9876 to update it.

TBC Race Series Standings After Two Events -- Mark Kernodle

Race #1. The 2004 TBC race series kicked off the season in Nags Head on April 10 with a sparse fleet and good conditions for racing. The winds remained 8-16 mph throughout all eight heats. Two longboards plus three shortboards comprised both fleets. In the Pro fleet the contest between John Rutledge on his Seatrend AllStar 70 and Adlai Niggebrugge on his vintage Alpha 180 longboard was very tight, with the final outcome only decided in the last heat. A lengthy gust propelled John to victory. Ernie McGrew dominated the Sport Fleet.

This year we are using a point system. The races are scored as usual with by-fleet normalization. Then within each fleet five points are awarded for first place, four points for second place, three points for third place, two points for fourth place, and one point for everyone else. The charts (p. 2) show standings after two races.

Race #2 of the four-race season was held at Mirlo Beach on May 11th. Race organizer Adlai Niggebrugge set a challenging course for the 7-8 participants. Once the buoys had been set where it was deep enough not to drag your fin, we were ready. John Flavin counted us down in a voice loud enough to be heard all over the water. First, a long beam reach to the downwind mark; jibe around that, then beat like heck to the upwind buoy. For most of us, reaching the upwind buoy involved some tactical decisions and at least two tacks. A few sailors seemed to be able to make it to the upwind mark without tacking. Then, jibe around the upwind buoy and back to the distant buoy a second time for another jibe before heading back to the start line where John Flavin was keeping score. Later we switched to a simple out-and-back pattern two times around. Finally, for the seventh and eighth heat, just out and back to the furthest mark once.

Pro Fleet

Sport Fleet (Men)

<i>Competitor</i>	<i>Race 1</i>	<i>Race 2</i>	<i>Total Points</i>	<i>Rank</i>
Adlai Niggebrugge	4	5	9	1
John Rutledge	5	3	8	2
Dana Thalheimer	0	4	4	3
Mark Kernodle	3	0	3	4

Sport Fleet (Women)

<i>Competitor</i>	<i>Race 1</i>	<i>Race 2</i>	<i>Total Points</i>	<i>Rank</i>
Debbie Hage	0	5	5	1
Liz Workman	0	4	4	2
Lorraine King	0	3	3	3

The third race in the series will be held at the town of

<i>Competitor</i>	<i>Race 1</i>	<i>Race 2</i>	<i>Total Points</i>	<i>Rank</i>
Randy Dunn	0	5	5	1(tie)
Ernie McGrew	5	0	5	1 (tie)
Frank Green	4	0	4	2 (tie)
Stefan Plewinski	0	4	4	2 (tie)
Freddie Maurer	0	3	3	3

Nags Head public windsurfing access at Windmill Point on Saturday, June 12. Skippers meeting will commence at high noon. The site is located at milepost 16 on Hwy 158 in Nags Head. It is an excellent site for racing with grassy rigging area, bathrooms, shower, and plenty of free parking. For more info contact Paul Scrutton (paul@paulscrutton.com).

The races are run in a casual fashion with the emphasis on fun and safety. All divisions are unlimited, meaning you use whatever equipment you want. The series points race is still wide open, so please join us in Nags Head on June 12. You get one point just for showing up! The final race in the series will be held at Island Rigs in Emerald Isle on Oct. 23.

Wily Skipper's Corner: Rumor has it that Starboard is developing a retractable fin cassette, which retracts **forward** rather than aft. The would surely be a new thing under the windsurfing sun. [][][]

Congratulations to John Anderson, whose excellent photograph of Charlie Myers made it to the cover of the *New England Windsurfing Journal*. You can also see some of John's work here:

(<http://www.ridehatteras.com/index.cfm?page=wind&sec=gallery>). [][][][] Twinsers DO work. Dana Thalheimer demo'ed the Madd 135 during the Club Trip and was very fast (and comfortable) on it. These boards are so popular that it's hard to find one anywhere. [][][] I've mentioned my fondness for Lorch boards here before. Re-checking his webpage, I find that he now has flexible prices for his race boards. The price depends on how many events you plan to enter and how many times you've placed in the top ten at a regatta. So, a talent-based approach to pricing. [][][]

Gleaned from rec.windsurfing: NC sailor Mac Barnhardt noticed the shortage of gear in the shops on the OBX. This points to new vendor business model whereby tight inventory control makes year-end closeouts are a thing of the past. There's another thread about how the presence of kitesurfing has made windsurfing school insurance ridiculously expensive. [][][] Where would you rather have the Fall Club trip? Avon or Rodanthe? We should have some discussion of this before it's time to book a cottage for the fall trip. [][][] Lake Crabtree might be declared an EPA superfund site. There is already an advisory up to not eat any fish caught upstream due to PCB contamination. The presumed source is the infamous Ward Transformer site just upstream on Brier Creek. The Koppers (arsenic wood treatment) site is also a short hop upstream.



Both the Ward and Koppers sites are EPA superfund NPL (national priority list) sites. What effect this might have on windsurfing at Crabtree is uncertain. In any case, don't eat fish from Lake Crabtree—it could be contaminated with PCBs. Read more here:

<http://www.wakegov.com/news/050704pcbfish.htm>

<http://www.news-observer.com/front/v-print/story/3601065p-3202050c.html>

Recently the Durham *Herald-Sun* had an article about some pollution-related advisories at beaches in NC and possible imminent closings right before the Memorial Day weekend. Radio Island was included, along with some other beaches in

Carteret County. One other site of windsurfing note was the Wildlife ramp in Kill Devil Hills on Bayview Drive. Confirmation here:

<http://www.co.dare.nc.us/health/WaterMon/Advisory.htm>

Club Trip, Fall '04. Thanks to Helmut Brunar for organizing and coordinating a most excellent trip. We stayed in Surround Sound, a beautiful house in Rodanthe (Mirlo Beach). A second group of TBC members stayed nearby but launched from our house, so there was always a buddy to sail with. We did not have any high-wind days this trip. I used nothing smaller than a 6.0 the whole week. It was warm and the wind was mostly southwest and it never stopped blowing. It would begin in the morning at 8 to 10 mph., then slowly build all day. We watched the anemometer anxiously as we tried to decide whether to go early and risk being too tired if it got really good—or miss the best wind of the day. Sometimes we were sailing until 7:30 or 8:00 p.m., having started at 3:00 or 4:00. There were some WET people sailing nearby, lots of Canadians (including Daniel who was incredibly fast on his Hypersonic), and a few pesky kites.

Even though we had no high-wind days—or perhaps because we had no high-wind days—a lot of people were able to make significant



Adlai, Debbie, Randy, Liz, Stefanie at lighthouse

progress. Lorraine got into both foottraps using Helmut's board. Debbie came in third in a race. Stefanie (friend of Debbie) got a lesson. Flavin's beach starts are coming along. Freddie even entered a race and finished.

As usual we ate very well. Regi and Lorraine's made excellent shrimp enchiladas. Helmut and Elly's spicy chicken with capers over basmati rice was memorable. John F. and Dana T. grilled burgers for us in 20-mph. winds—they were up to the challenge and the burgers were great. Food tastes really good after an afternoon of sailing.

We had the usual no-holds-barred Scrabble games in the evenings. Vince McMahon presided over some high-scoring games. John Flavin wiped up the table with the competition two nights in a row. (Why did we ever teach that boy to play?!) Most people found some time

for quiet reading, for tuning or repairing their gear, and for shopping. Why can't regular life be more like a week of sailing at the beach?

--John Rutledge



Stefanie Sailing after one lesson

Contributors needed for *MindJibe*! Another benefit of TBC membership is that you can contribute to *MindJibe*. This could be your first step in a lucrative career in windsurfing journalism. We need more board quiver perspectives and session reports. Send to ed.

An Alphabet of Windsurfing Fatalities



A is for Alfred gored by a fin.
 B is for Betty impaled on a pin.
 C is for Clarence electrocuted by an eel.
 Dimitri's festering fish bite never would heal.
 E is for Elissa swept out to sea.

F is for Freddy butchered by a jetski.
 G is for Grady bonked by a mast.
 H is for Horace frozen by a wint'ry blast.
 I is for Isaac munched by a shark.
 Joel sailed in lightening for a lark.
 K is for Kris drowned by a wave.
 L is for Lars exsanguinated but brave.
 M is for Micah crushed by his board.
 N is for Nelson sunk in a fjord.
 O is for Orton run over by boats.
 Peter learned too late, a sinker barely floats.
 Q is for Quinton needle-nosed by a gar.
 R is for Ruthie ventured out too far.
 S is for Sammy flattened by a gale.
 T is for Theron trapped 'neath a sail.
 Pity poor Ulrich decapitated by a kite.
 V is vor Vernon bisected in mid-flight.
 W is for Winston strangled by his line.
 X is for Xavier assassinated by Da Kine.
 Y is for Yancey catapulted to Glory.
 Z is for Zachary mangled and gory.

John Rutledge (with a bow to Edward Gorey)

THE WINDSURFING GURU

TROUBLED: Master, a buddy of mine just bought pile of crap at a swap meet. This stuff is 15 or 20 years old and belongs in a junk yard. He's going to lose a lot of time struggling with this worthless gear—and he doesn't have much time to lose. I've told him it would be hard to work with, but he says it was really cheap.

GURU: Improvements in gear have been dramatic and no one should have to struggle with old-fashioned gear. Of course, some people may choose to. If you gave him your honest opinion (tactfully, I will assume) you have fulfilled all the obligations of friendship. Perhaps he will benefit from the experience. Some people need to struggle to see the issues. Others may need to recapitulate personally the technological evolution of windsurfing. Perhaps you were upset that he didn't consult you before buying the stuff? You probably just need to back off from this situation for a while.

NOT TROUBLED. Woo-hoo, Guru! I just bought a bunch of cool windsurfing gear at a swap meet. And I got it real cheap, too.

GURU: Congratulations! No doubt it has some age on it, but if you observe your gear carefully and listen to what it has to say, I'm sure it will have been money well spent. Don't stick with the old stuff too long and be prepared to make upgrades when you understand why they would be necessary or an improvement.

BOARD TESTER. Guru, a friend of mine let me ride his board recently. Honestly, it was the worst board I've ever ridden. Nothing worked on it. I think he made a terrible mistake in buying that board. For his own benefit I want to tell him what a dog that board is.

GURU: So now you're the universal critic? You understand what everyone else needs? No, of course you shouldn't say anything too negative. It would be raining on his parade for no good reason. (You may logically infer that I do approve raining on parades when you have a good reason.) You're not obliged to say anything but 'thanks' or 'it was interesting'. If he asks you directly, could say you need to try it in different conditions and changing the settings. Which would be true, because those factors make a lot of difference.

Stay in touch. Check the TBC web page: <http://www.jollyroger.com/windsurf/>

Since the advent of the TBC page, we have not had many classified ads in *MindJibe*. You can still list in the newsletter if you want to. Send your classified ads to the editor for inclusion in the next issue.



Dana Jibing



John Harper cruising on Phoenix



Debbie, Stefanie, Adlai

MindJibe is the official newsletter of the Triangle Boardsailing Club. It is published five or six times per year.

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Please send contributions by email to the editor at jbr@email.unc.edu. The editor can be reached at 919-489-7863.

Instruction at Wheeler Lake by Dave Marshall, US

Sailing

Windsurfing Instructor

Course Description: This program teaches the essential principles of safe, confident windsurfing using a visual "hands-on" approach that emphasizes, "feel" and learning by doing. Each class includes a one-hour academic classroom period of instruction, a one-hour beachside windsurfing simulator-training period, and a two-hour supervised water session by a certified instructor. Upon successful completion of this class, beginners will acquire a solid foundation of skills that will carry them through a lifetime of windsurfing fun.

Class size limited to max. of 10 students each [minimum of 6 to hold class]. Minimum required age is 12. All students should bring proper swim and footwear [footwear such aqua socks, deck shoes, or boat shoes - thin rubber bottoms and canvas tops]. **Costs:** \$50/City of Raleigh residents. \$57/Non-city of Raleigh residents

A course consists of a 4-hour period of instruction

Course 1: Saturday, 19 June 2004, from 10 – 2

Course 2: Saturday, 17 July 2004, from 10 – 2

Course 4: Saturday, 21 August, from 10 – 2

Course 5: Saturday, 11 September, from 10 – 2

Non-Discrimination Policy: The City of Raleigh Parks and Recreation Department does not discriminate on the basis of race, color, national origin, sex, religion, age, sexual orientation or disability in employment opportunities or the provision of services, programs, or activities. A participant alleging discrimination on the basis of any of the aforementioned areas may file a complaint with either the Director of the Raleigh Parks and Recreation Department or the Office of Equal Opportunity, U.S. Department of the Interior, Washington, DC 20240.

How to Register: Registration forms can be found in the widely disseminated *Raleigh*

Leisure Ledger and at Lake Wheeler Park. You can also go online to: <http://www.raleigh-nc.org/parks&rec/registration.PDF> and print out a registration form. Then bring or mail the completed registration form to Lake Wheeler Park, 6404 Lake Wheeler Rd., Raleigh 27603. Make all checks payable to: "The City of Raleigh." For more information contact Ben Herrmann, Park Manager at 662-5704 or 5717 Lake Wheeler Program Center 6404 Lake Wheeler Rd. Raleigh, NC. 27603 Phone: 919-662-5704 or 5712.



Charles Livaudais

Jordan Lake Cleanup Day - June 5 at Ebenezer Point

Meet at picnic shelter #1 (right next to the bath house) at 8:30am.

Maybe all the good karma will generate wind and we can cool off with a post-event session.

For more info contact John Flavin (jflavin@intrex.net)

Triangle Boardsailing Club Membership Form

please print clearly!

New Member: ____ Renewal: ____

Name: _____
 Street Address: _____
 City/State/Zip: _____
 Phone Day: () _____ Eve: () _____
 Email (optional): _____

Make Check Payable to:
 Triangle Boardsailing Club

Mail to:
 Triangle Boardsailing Club
 P. O. Box 662
 Cary, NC 27513

Dues: Single: \$12 Family: \$18

I, _____ as a member of the Triangle Boardsailing Club, do hereby acknowledge that it is impossible to eliminate all risks associated with the sport of boardsailing, and for myself, my executors, administrators, successors and assigns, waive, release and forever discharge any and all rights and claims for damages, whether they arise in tort, contract, equity or otherwise, which may accrue to me against the Triangle Boardsailing Club, its officers, directors, and members (hereinafter referred to collectively as the "TBC"), and which result from, originate and/or arise out of, directly or indirectly, my participation in TBC meetings or events, or use of TBC equipment. I do further indemnify and hold harmless the TBC against any and all liability or responsibility for any injury whatsoever, including but not limited to injury to my person or property, received, incurred, and/or arising out of, directly or indirectly, my participation in TBC events, or use of TBC equipment. My release is also given for the reproduction of any photographs taken of me or including me for use in media coverage. I understand that I am waiving rights, which may otherwise have been mine by law, and I do so of my own free will and consent.

The **Triangle Boardsailing Club** is a non-profit organization dedicated to promoting and preserving the sport of windsurfing.

TBC organizes:

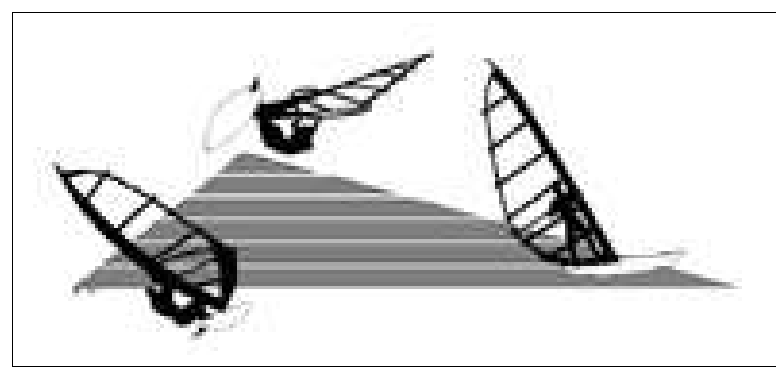
- Public service activities
- Club windsurfing trips to Hatteras
- Club meetings and social evenings
- Free instructional clinics
- Winter parties
- Swap meets
- Races

Membership entitles you to:

- As many issues of the Club's newsletter *MindJibe* as are published
- Free classified ad service in *MindJibe* and on the Club webpage
- Use of club-owned equipment on a sign-up basis as available
- Refreshments at club-sponsored events



In addition, TBC owns and maintains the local Windtalker at Jordan Lake (387-5969).



Please cut out and retain your membership card.



John R. and Mark K. at Windmill Point

Triangle Boardsailing Club
P. O. Box 662
Cary
NC 27513

stamp

mailing label

