



## Upcoming TBC EVENTS

### **CLUB RACE in Nags Head, September 27, 2003**

From Paul Scutton, Chair of the Racing Committee:

Fellow racers,

The Fall Race will be held on Saturday, September 27th at Windmill Point in Nags Head. This should be a 3.5 hour ride from the Triangle. Come along for some fun racing, and get your game on for the Fall trip. We will have some new buoys to jibe/tack around. There will be suggested donation of \$5.00 for this event to help pay for the new buoys.

**Race start time will be noon on Saturday. Skippers meet at 11:30 am.**

Some folks have booked hotel rooms in Nags Head and are planning on staying for the whole weekend. For hotel ideas please check the following link. I understand that the Whalebone is becoming a popular choice and is pet friendly.

[http://www.lybot.com/Lodging/NC/Nags\\_Head\\_1\\_12.htm](http://www.lybot.com/Lodging/NC/Nags_Head_1_12.htm) --Paul Scutton

### **FALL TRIP, October 11-18, Rodanthe, NC**

The first house is full, but there may still be people who want to go on a club trip. If you are interested in coordinating a club trip, please call John Rutledge (919-489-7863) or get in touch with the Club's treasurer, Adlai Niggebrugge. Jonathan Phillips notes that "Oct 11 - 18th is North Sports' week-long National Dealer's Meeting. Last year Robby was there most of the week—yes, THAT Robby—as well as Peter Thommen and many other world class windsurfers and kites." Will the paparazzi be there as well?

### **FALL SWAP MEET, Oct. 4**

The Fall Swap Meet will take place on October 4<sup>th</sup> at Dave Marshall's place in Apex. In conjunction, the Club will sponsor informal clinics on harness lines use and possibly other topics. Volunteer teachers are needed for this.

Directions to Dave Marshall's place: **From Raleigh:** Head South on US 1/64 towards Apex. At the US 1/64 split, go right (west) on Hwy 64. Go 6.2 miles on Hwy 64 and turn left onto Kelly Road. Go 2 miles, turn left onto Apex Barbecue Road. Go .03 miles, house on the right. **From Durham or Chapel Hill:** Take Hwy I-40 to NC 751, exit and head south for about 12 miles until you come to Hwy 64. At the Hwy 64 light turn left. Go 3.3 miles. Turn right onto Kelly road. Go 2 miles, turn left onto Apex Barbecue Road. Go .03 miles, house on the right. If lost call Dave Marshall at (919) 362-4340.

### **SPRING TRIP, May 2004**

The Spring Trip has been set for May 8 through 15, 2004. Helmut Brunar had booked Surround Sound in Mirlo Beach for the Club Trip. If you want to participate, contact Helmut by email: [brunar@bellsouth.net](mailto:brunar@bellsouth.net). Cost for the trip is \$133.00 per person. The usual rules apply. Only sending Helmut a check gains a place in house. Mail early to avoid disappointments.

### **HARKERS ISLAND ROUNDING (TBA)**

Charlie Buckner has proposed a rounding of Harkers Island as a Club event, probably a longboard event. If you are interested, contact Charlie and get involved with the planning.

## JORDANLAKE SPEED CHALLENGE

Jonathan Phillips (JP1776) has put out a fun challenge to all Jordan Lake windsurfers. In a nutshell: who can make the quickest round trip from Ebenezer Point to the bridge on Route 64?

**Challenge Details:** The start line is between the no-wake buoy and the landing pad at Ebenezer. You can beach start, uphaul, waterstart or cross the line full planing—the start method is up to you. Go to a no-wake buoy just before bridge. Doesn't matter if it's the left or right one, they are all about the same distance. Jibe or tack around the buoy—it's up to you. Return back across start line. The trip is about a three-mile run in a straight line. Runs must be completed between August 1 and December 31. It must be done on a windsurfer powered by wind.

**Posting Results.** Send Jonathan Phillips an email including date, wind speed and direction, your name, time it took to make the run, board and sail size, and name of any witnesses. No witnesses are required, but it would be nice to have a buddy knowing you're going that far. It is all for fun, so be honest. Jonathan will keep a list posted when times start coming in. This is an exciting new possibility for having fun at Jordan Lake.

## Club News

At the first regular meeting of the new board, officers were chosen for the various positions on the TBC board of directors. Here's the new line-up of officers:

President	Lorraine King
Vice-President	John Flavin
Secretary	Freddie Maurer
Treasurer	Adlai Niggebrugge
Social Secretary	Helmut Brunar
Race committee Liaison	Frank Greene
Quartermaster	Charles Livaudais
Database Master	Randy Dunn

**Wily Skipper's Corner.** Camaro is making a wetsuit that has removable flotation panels. Also, for the fashion conscious out there, they make baggy pants with a 1 mm. neoprene tight-fitting leg underneath. See them at [www.camaro.at/camaroswim/](http://www.camaro.at/camaroswim/). [] [] [] Windsurfers are not the only stand-up sailors, it seems. The July/August 2003 issue of *Wooden Boat* features a wooden skiff with a sailor standing on the rail, leaning out and wearing a harness. The skiff is 14' 4" and weighs about 200 lbs. (I had a windsurfer that heavy once.) Astonishingly, this skiff carries three sails—a mainsail, a jib and a spinnaker—for a total of about 400 square feet or 36 m<sup>2</sup>. I don't think I'd jibe much if I had to flip or change three different sails each time. But it is a one-person monohull, and fast too. [] [] [] Roy Orbison wrote and recorded a song called "Windsurfer". It's a semi-tragic thing about ideals and missed opportunities, not much about windsurfing. I'll take "Pretty Woman" any day. Google on "orbison windsurfing" and you can read the lyrics. Not much of a song, if you ask me. [] [] [] --j.r.



**Correction:** The editor regrets the omission of the final sentence of Mark Kernodle's article about the future of the Bonner Bridge. It should read: "The NCDOT is expected to make its final recommendation later this summer. So the possibility of a return to ferry service until funds are in place can't be dismissed."

We've all gotten skunked at one time or another. It's part of this thing called windsurfing. Everyone who does an activity that's dependent on wind, weather, surface conditions, etc. has had this experience. The simplest definition of skunk: you get to the place and the conditions are no good. But getting skunked is more than that. What is the essence of skunk? A skunk occurs when the elements themselves—and whoever or whatever controls them—are conspiring against you. This is the way the world shows you how little your hopes and wishes matter in the grand scheme of things. While all skunks entail some disappointment, skunks come in different sizes and flavors.

**The Plain and Simple Skunk:** It's Saturday; you're convinced it's gonna blow; you drive to the lake and—the flags are hugging the poles. Highest gust of the afternoon registers 8 mph. Well, not much ventured, not much gained. Disappointing, but your losses could have been much worse. At least you can bitch about the weather with your windsurfing buddies, who also got skunked.

**The Semi-Skunk:** You drive to the coast, hoping to use your small gear. All the way down you're excited about sailing that 92 liter board with a 5.0 sail. But Nature has other plans for you. When you get there you regret not bringing the 8.5 m<sup>2</sup> because the 7.5 really isn't quite enough. You get a few rides, but, as these things often go, the wind slowly dies during the afternoon. But 3:00 p.m. nobody is planing, just slogging.

**Really Getting Skunked:** All the weather predictors say it will be 5.5 weather at the coast. You're up early to make the drive, your hopes are high. But, NWS was wrong: you get to slog for a few hours on your light-wind board with a big, heavy sail, then face three hours in a noisy SUV to get back home, wondering all the while how you could have missed the forecast so completely.

**The Royal Skunk:** you drive 18 hours from Canada to Hatteras for a week of windsurfing and you are cursed with seven days of beautiful but windless weather.

**The Inverse Skunk:** limited and local usage, but defined as having too much wind to sail. The strength of the wind is more than you can handle and you know it. Perhaps the worse type of skunk because you have only yourself to blame. The psychological impact of the inverse skunk may be aggravated when you see people more skillful or foolhardy than you out crashing and burning—at least they're out there. Once these people come off the water, then you can stop brow-beating yourself and begin to enjoy near gale-force winds for what they are: an exciting "weather event." You can further salvage some of your pride by congratulating yourself on your prudence (but this is small comfort). —John Rutledge

## Technical Stumper #2

The question: Back in the days of flex-top masts, before every manufacturer moved to constant curve masts, you could mix and match bases and tops. You could even match an aluminum base with an epoxy or carbon top. This was convenient because one base could be paired with two different-length tops. Does any modern maker offer this feature?

Answers: Back in the early 90's, North sold a standard mast bottom section with a range of top sections to accommodate their sail range. It saved money since you only had to buy one bottom section. I've mixed my Powerex Z-Axis wave 460 bottom with my Z-Axis wave 430 top to get 445, thus eliminating the need for an extension with my 4.6 sail. Works great! Probably because these two masts are in the same series, same carbon content, both constant curve, etc. If you try and mix top/bottom sections of vastly differing stiffness the results will likely not be so good. But you'll never know unless you try it. (MK) (Thanks to John Flavin for working on our second technical stumper.)

## The Windsurfing Guru

INSECURE: Surf-Swami, it's hard for me to admit this, but I secretly want people to watch me when I windsurf. Is this normal or is it some kind of perverse desire on my part?

GURU: Common as Paddy's pig, I'm afraid. Most, probably all windsurfers, want to be watched or observed when they windsurf. It doesn't matter if the "audience" knows who you are or whether they care about windsurfing at all. Everybody tries to nail their jibes closest to the shore. Learning to windsurf is hard enough, so why shouldn't we like to have a few pats on the back for what we've accomplished? Besides, windsurfing is so special that it deserves an audience. The desire to be watched too wide-spread to be truly perverse.

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GEARHEAD: Master, I have five boards of the latest design; I turn over my sails every two years; I have several carbon masts and booms. I carefully coordinate the colors of my boards and sails. Yet no one seems to care, no one gives me any credit for choosing cool gear, no one takes me seriously. What else must I do?

GURU: You display all the troublesome signs of an "equipment junkie." You won't earn respect among windsurfers for having the best board quiver or the latest gear. What counts—the only thing that counts—is making progress in the sport and throwing yourself into it whole-heartedly. A big check-book won't buy credibility in windsurfing, my friend.

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NEOPHYTE: I understand that you're a teacher or something like that. Maybe you can explain this strange sport to me. I go sailing several times a year but I don't seem to be making much progress.

GURU: This is a hard saying, but a truth nevertheless. Your progress will be very slow if you only sail a few times a year. Windsurfing is a sport—let's face it, it's an addiction—that requires serious commitment and time. What sacrifices have

you made to become better? Have you disappointed family members? Turned down invitations? Told your boss what he can do with the job? You don't really imagine that windsurfing is compatible with a normal, middle-class life, do you? A weekend clinic might do you wonders though. Give it a try.

NEOPHYTE: I can probably do just as well on my own.

GURU: (Pearls before swine.) Have it your way then.

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COLLEGE KID: Surf Guy, I'm on a tight budget and can't afford to buy new gear. Can I hope to make any progress in windsurfing?

GURU: If you try hard you can make progress, even on older gear. And you will be respected. After all, most of us learned on gear that wasn't well suited for learning. Windsurfers generally don't care whether you have the latest and best gear. If you throw yourself into it and improve, even with lousy gear, people will respect you for your accomplishments and your moxie.

KID: Moxie?

GURU: Like, 'tude, dude.

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HEALTHNUT: Guru, we ought to promote windsurfing more as a benefit to health and fitness. Surely you'd agree with me that windsurfing provides a good aerobic workout, improves one's health, and promotes longevity?

GURU: That seems to be the case, but it's too early to tell whether windsurfing promotes longevity—the sport hasn't been around that long. And besides, it doesn't matter. We don't do it for our health. We do it for the thrill, the buzz, the sheer ecstasy of skimming across the water, one with the elements and driven by the wind. The pleasure of windsurfing far exceeds any health benefits, real or alleged. There are of course many psychological reasons that people windsurf, but that's far too deep a topic.

(New readers may wonder who the Guru is and just where he gets off, presuming to know so much about windsurfing. The Guru wishes to remain anonymous and the editor, desperate for printable copy, has agreed to respect this wish. —the Editor)

## **The Progression of Windsurfing Super Dave**

### **(Part 1: The Neanderthal Sailor)**

Dave is a recent new TBC member who is at the initial stages of windsurfing with a total windsurfing experience of five outings, three of which have been this year. It is the objective of this article and future articles to chronicle the development of Dave's windsurfing skills to help determine where difficulty is encountered and as a gauge for other sailors to measure their own progress. It is the hope that Dave will steadily progress through all aspects of windsurfing, namely beach-start, water-start, harness use, foot straps, gibing, and last but not least, I look forward to some nice fully airborne catapults.

So why a Neanderthal sailor? Well, at this stage he's using brute strength to control the rig. When I was watching him sail in 10 mph winds with gusts to 15 mph, this was the impression I got. But he was up and going and he had some nice blisters too. A while ago I said "Old gear is ideal for learning." Now I'd like to revise this statement. Old gear is only good because it's inexpensive. Our Starboard Start is the board to learn on. This was the board Dave used for his first session this year while attending Windfest in Frisco Cape Hatteras. After some good instruction from Bob Elmore he was up and going in 7 to 10 mph winds with an old Neil Pryde RAF 6.4. The Start offered a very stable platform for becoming familiar with sail control, it almost seemed too easy. He wasn't doing that backward plunging into the water that I remember when I introduced myself to windsurfing.

*Mind/i*be is the official newsletter of the Triangle Boardsailing Club. It is published six times per year.

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After a visit to Canada I brought back my brother's first windsurfer from the early 80's, a 12ft 300L giant board rigged with a tie-on boom and triangle sail 6.0 m<sup>2</sup>. This board is considerably less stable than the Start, but is very available and so was used by Dave for his 2<sup>nd</sup> and 3<sup>rd</sup> sessions. This board proved to be very frustrating for Dave as the 20 year old rig kept falling apart—not to mention all the boat traffic on Jordan Lake making chop. With his initial skills learned on the Start he was able to sail this narrower board quite well—I was impressed. He was able to sail to the middle of the lake and back without rescue. I'm quite sure he exerted the most energy of anyone on Jordan Lake that day.

Arrowhead Campground was the location of the last session to date. Shallow water in the Bogue Sound provided great learning conditions. He was sailing well, cruising at 8 mph, but still not planing—there was just not enough wind. The exhilaration of planing is the first milestone to achieve and this goal is still unfulfilled. His nephew had fun riding on the back of the board though.

To summarize Dave's skills learned so far: standing on the board, up-hauling and making the board move forward by properly positioning the sail. Doesn't seem like a lot, but I feel he has a chance at planing with only these skills and enough wind. With autumn winds just around the corner the plan is to get out one day with the Start in 15-20 mph winds with the 6.4 m<sup>2</sup> sail and achieve a good solid plane that will serve as inspiration for further success. I expect that to be a very interesting outing. – Adlai Niggebrugge

**CLUB SOCIAL.** TBC members have been getting together on the third Tuesday of the month (Sept 16<sup>th</sup>, this month). Meeting place is "Out of the Park" in Morrisville. Children of all ages are welcome at this establishment and have come to past socials. This is a good time to catch up on recent news. Add your suggestions on the clubs direction and focus. Plan a weekend trip with your buds. Meet new friends and TBC members.

The location is between Durham/Raleigh in that hopes no one group has to drive too far. Take I-40 to Airport Blvd. (Exit 284). Head South/West (away from airport toward prime outlets) on Airport Blvd. for exactly one mile. It is on your right by Remington Grill. For a map go to <http://www.outofthepark.com/> I hope to see many people there to keep this monthly event going.

-Jonathan Phillips



## Triangle Boardsailing Club Membership Form

*please print clearly!*

New Member: \_\_\_ Renewal: \_\_\_

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Day: ( ) \_\_\_\_\_ Eve: ( ) \_\_\_\_\_

Email (optional): \_\_\_\_\_

Make Check Payable to:

Triangle Boardsailing Club

Mail to:

Triangle Boardsailing Club

P. O. Box 662

Cary, NC 27513

Dues:      Single: \$12                  Family: \$18

I, \_\_\_\_\_ as a member of the Triangle Boardsailing Club, do hereby acknowledge that it is impossible to eliminate all risks associated with the sport of boardsailing, and for myself, my executors, administrators, successors and assigns, waive, release and forever discharge any and all rights and claims for damages, whether they arise in tort, contract, equity or otherwise, which may accrue to me against the Triangle Boardsailing Club, its officers, directors, and members (hereinafter referred to collectively as the "TBC"), and which result from, originate and/or arise out of, directly or indirectly, my participation in TBC meetings or events, or use of TBC equipment. I do further indemnify and hold harmless the TBC against any and all liability or responsibility for any injury whatsoever, including but not limited to injury to my person or property, received, incurred, and/or arising out of, directly or indirectly, my participation in TBC events, or use of TBC equipment. My release is also given for the reproduction of any photographs taken of me or including me for use in media coverage. I understand that I am waiving rights, which may otherwise have been mine by law, and I do so of my own free will and consent.

The **Triangle Boardsailing Club** is a non-profit organization dedicated to promoting and preserving the sport of windsurfing.

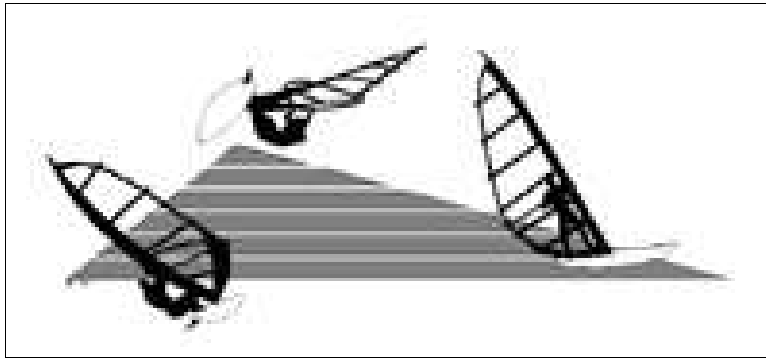
### **TBC organizes:**

- Public service activities
- Club windsurfing trips to Hatteras
- Club meetings and social evenings
- Free instructional clinics
- Winter parties
- Swap meets
- Races

### **Membership entitles you to:**

- As many issues of the Club's newsletter *MindJibe* as are published
- Free classified ad service in *MindJibe* and on the Club webpage
- Use of club-owned equipment on a sign-up basis as available
- Refreshments at club-sponsored events

In addition, TBC owns and maintains the local Windtalker at Jordan Lake (387-5969).



Please cut out and retain your membership card.

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NC 27513

stamp



