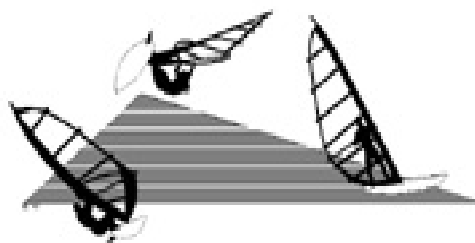


MindJibe



**Newsletter of the Triangle Boardsailing
Club Vol. 26, No. 2 MAY 2008**

UPCOMING EVENTS

Spring Trip. The official Club trip booked **Salvo Sunsets** in the Wind Over Waves subdivision from **May 10-17** this year. This is a soundfront house with capacity for 14 people (5 couples and 4 singles—or some finagling to accommodate more singles and fewer couples). The house has a long boardwalk to the water, but no canals, islands, or bulkheads to block the wind. Hot tub & cold pool available. The cost was \$115 for the **WHOLE WEEK**, which is based on 90% capacity as per protocol. Sweet deal no matter how you look at it! Participants included Dana Thalheimer, John and Judi Harper, Michelle Moorman, Louise, Jacek, Alex. Tom Patterson, Ann (from Florida to Maine, a modern-day nomad), and Andres. (Sorry about the last names.) The most raved about dish? Jacek & Alex made dishes from their home countries—a cabbage stew (Poland) & potatoes (Russia). Randy & Adlai graced us with their presence on the sailable days & cooked up another excellent stew whose name we gave up trying to pronounce.

Thanks to Debbie Hage for coordinating the Club's spring trip. In order to fill the house, Debbie opened it up to people from outside our area. They were of course required to pay the TBC's small membership fee in order to participate.

2008-09 Racing Schedule

We're trying to make the race series more accessible this year. We realize no one likes to race in windless conditions, and that it's difficult to schedule time for more than a few races a year. Our goal this year, therefore, is quality over quantity.

To that end, we are planning just two coastal races: April 19-20 and October 4-5. The race will only be on one of the two days, so the other is left for free sailing and/or time with the family.

Both events will be at Windmill Point sailing park in Nags Head, where a wide variety of cheap hotel rooms are available. We plan to meet at Windmill Point at our traditional skipper's meeting time of 11:00 a.m. on Saturday. If the wind cooperates, we'll complete the racing and leave Sunday as a free-sail day, with a GPS emphasis. If the wind is below the planing threshold, we'll postpone racing until Sunday morning and pursue some of the many

alternative activities in the greater Nags Head area. Regardless, we'll all meet for dinner somewhere on Saturday night.

Racing is informal, with the emphasis on having fun. Windmill Point is a great place to sail, with shallow water that is rarely over chest deep. We especially want to invite first-time racers to come out and compete. Don't worry, we will teach you what you need to know!

(Apologies to Mark K for the shameless plagiarism in much of this post) - Charles Livaudais

Notes from last Board Meeting

The board met Weds Feb 27th at Eldorado Restaurant in Cary. The following items were discussed:

1. Nominating Committee. It was reported that two people will accept nominations. The minimum number required is two, and the maximum is six, so the nominating committee is on track for fulfilling their work.

2. Calendar of events for 2008. (Yes we have one.)

- Windfest
- Races - April 19-20 race/windfest at windmill point- May trip
- May 3rd - J Lake meet and greet
- July election meeting - 27th (tentative) / Swap meet / potluck at Liz's house
- Race - Oct.
- Fall trip (house rental)
- Jordan Lake workday (tentative) - organise through ranger
- Winter party (Dec)
- 2009 May trip

3. Club gear - A location is being sought. This is a work in progress. A volunteer is needed to serve as the Club's quartermaster.

4 *Mindjibe* / electronic. Debbie would like to head up the effort to turn the Editor's MJ into a hard copy. Randy maintains the In/Out list, and sends a reminder on expiredness. This allows folks to know whether they have to renew or not, so that they may determine if they are valid legal members of TBC. On the club discounts at the beach, a decision was made to ask Randy to provide the in/out list to the shops so that they have the info that they need. This would enable electronic only readers of *Mindjibe* to still get discounts at the shops (at least based upon the good nature of the stores keeping a copy of this list). Apparently ignoring a few isolated incidents it is generally felt that the stores have offered discounts without demanding proof of membership. Ye Pres. [i.e., Paul Scrutton]

MindJibe is the newsletter of the Triangle Boardsailing Club. There are supposed to be five or six issues a year. EDITOR-IN-CHIEF: John Rutledge SENIOR CONSULTING EDITOR: Mark Kernodle CONTRIBUTORS: Debbie Hage, Charles Livaudais, Paul Scrutton, John Rutledge PHOTOGRAPHER: sadly lacking. Please send contributions to the editor at jbr@email.unc.edu. The editor can be reached at 919-489-7863. TBC Homepage www.triangleboardsailing.com WEBPAGE MANAGER: Roger Nightingale

The Wiley Skipper's Corner. Spring 2008 was surely the windiest Spring in the Triangle since the invention of windsurfing. Typically, though, most of the windy days were on weekdays, so only those with understanding bosses could take full advantage of the weather. [] [] YouTube has a lot of windsurfing videos. I happened upon this one, which shows Baron Arnaud de Rosnay in various sailing activities: Rosnay, who disappeared while sailing from Taiwan to (Red) China, is credited with making windsurfing's reputation as a wild, adventurous sport. [] [] [] Go here and look at a weird kind of "paddleboard" with a sail called the "Spooker": <http://www.dngoodchild.com/5045.htm> .



Was this possibly the first windsurfer? If you could sit on this thing, would it be a true windsurfer, or does windsurfing require that you stand up? Here's a picture of the thing. Sure looks a lot like a windsurfer prototype to me. (This photograph was lifted without permission. If owners object, I will happily remove it from this page. *MindJibe* wishes to respect intellectual property rights.) [] [] There are now so many windsurfing forums that you could spend all your free time reading. Windsurfing Magazine has one (windsurfingmag.com). There's also the Starboard forum, which is somewhat more international in readership. Rec.windsurfing is still going after how many years now, 18 or so? www.boardseeker.com has some interesting review of board and is a windsurfing magazine as well. The current issue features a "boardseeker babe". Check it out! [] [] Personally, the Editor would like to see greater use of the TBC classified pages. Yes, you can post it to the chatboard and sometimes you get a rapid response. But pretty quickly your ad gets pushed further toward the bottom. If you ask John Harper to put it on the classified page, it will stay up front and visible for at least six months—and possibly longer.

ELECTRONIC VS. PRINT

A few (more) thoughts from the Editor on this issue. Some TBC'ers evidently still miss the print version and believe that the Club's profile suffers from not having a print edition to reach those who do not read the chatboard. Randy Dunn, who maintains the mailing list, sends an electronic copy of *MindJibe* to everyone on the email list. So far, however, the editor has not had a complaint about the change in format from someone who lacks computer access to it. I agree that it would be ideal to continue to have a print version for most of the issues. The arguments against print are 1) it costs money to print and mail, 2) it is only black and white and so decent pictures are very hard to find and print (with the editor's current technological lack of sophistication). If someone wishes to assist in producing a print edition, that would be welcome. As Club President Paul Scutton pointed out to me per email, "Bottom line is that this is a non-paid volunteer-based club. We do what we can with what resources we have available." The editor would like to compete with the *New England Windsurfing Journal*, but we clearly do not have the resources to do that (although in some years we have published nearly as much text as they do, and I like to think that our content is somewhat more serious—or irrelevant, however you want to see it).

THE WINDSURFING GURU

TESTO: Guru, I think I may be too competitive. The whole time I'm on the water I'm wondering: Am I faster than that other guy? Can I overtake him? I dread the sound of another sailor passing me.

GURU: Relax, Testo, you're as normal as Paddy's pig. Most guys think exactly the way you do most of the time. Unless they're working hard on some manoeuvre and concentrating, they'll be sizing up the competition. Now, some sailors will limit the comparisons by putting other sailors into categories, like "clearly a beginner" or "out of my league".

TESTO: Do you think competitively, Guru?

GURU: Yes, sometimes I do. But after years of assiduous mental exercises I have trained my mind to turn the competitive urges off and on like a toggle. Sometimes I try to see how fast I am relative to other sailors; other times I tune out the board speed issue and sail for its own sake, thinking mainly of the Harmony of Nature, the Excellence of Windsurfing, or just letting my mind flow.

TESTO: That's amazing!

GURU: Yes. When my students at the time learned that I had acquired this skill, they thereafter accorded me the sobriquet "Sublime One". Not that honorifics mean anything to me, of course.

TESTO: That's awesome, Guru!

GURU: You'll find that attitudinal adjustment quite a challenge, I warrant. Out on the water the eye seeks something to latch onto. It's hard to ignore the only large objects on the water. And of course safety requires that you watch what other sailors are doing.