

MindJibe



Newsletter of the Triangle Boardsailing Club, Vol. 24, No. 4 July 2006

UPCOMING EVENTS

SWAP MEET and POTLUCK DINNER: Swap Meet and Summer Dinner on Sunday, August 27th at 5 p. m. at Liz and Freddie's house at 7405 Peppercorn Court, Raleigh, NC 27613. Bring a dish to share. The Club will supply drinks, plates, cups, ice, silverware.

CLUB TRIP: The "official" TBC Fall trip will run from Saturday, 10/28/06 to Saturday, 11/4/06. The house is Summerwinds in Mirlo Beach, in Rodanthe, on Hatteras Island, in NC, in the USA. Price will be a whopping \$97.24 for each person for the week. First priority to go to full week purchases only. Contact Debbie Hage for details.

NEXT RACE: The next race is the weekend of September 9 or 10, Jordan Lake. Skippers meeting 11:00 a.m. Check the racing page on the TBC website for further information and series standings.

NEW BOARD MEMBERS NEEDED: New members are needed on the board of directors. Nominations (one to replace Matthew and up to three more) are being accepted. Contact Debbie to nominate a club member. See list of nominees in Minutes below.

June 25 TBC Race at Ebenezer Point, or Mild and Wet at Jordan Lake

By Mark Kernodle

While there are many problems with scheduling races at Jordan Lake, the most notable issue is the chance of planable wind (PW) on any given day approaches, at best, 10%. Sailor skill notwithstanding, certain combinations of board and rig serve to maximize the opportunity for PW, however brief. Thus the theme for the June 25 race: the Longboard's Revenge!

With a relatively poor forecast for PW throughout the weekend, Race Director (RD) Mark Kernodle rolled the dice and picked Sunday, June 25 as the race date. Rain threatened in the early afternoon, so the six sailors who turned out for the event quickly rigged and made their way to the starting line. A single heat over a relatively long-distance

course was planned. By noon, the slight 1-3 mph wind had died to nothing, and the RD and the Chairman of the Race Committee (CRC), Charles Livaudais, contemplated cancellation, or even worse, a dejected 100-yard downwind drift around the no-wake buoys.

But as the storm clouds started rolling in, a subtle breeze emerged and the potential for PW materialized. At the start line, the RD and CRC made a quick decision to use the backup race course, a quick jaunt out (dead downwind) and back (dead upwind) to the 5 mile marker. After communicating this to the fleet, a minute later the whistle sounded.

On the downwind leg everyone was making the most of the PW. On his classic 1985 Mistral

Superlight with 10.0 Severne sail Charles Livaudais maintained a lead, though Randy Dunn and Dana Thalheimer were intent in their pursuit. As the fleet approached the downwind mark, Charles zoomed ahead and from that point on his lead expanded exponentially. The rest of the fleet rounded the downwind mark, and then the PW diminished to non-planable. Heading into the upwind leg to the finish, the longboards had their revenge. The top three finishers all took advantage of their centerboards, though Matthew Prior prevailed over Dana Thalheimer for third place by only two feet.

As we contemplated a second heat, the sound of thunder inspired us to make haste to shore. Before we could finish packing up the torrential rain began. We were all thoroughly drenched.

Results

1. Charles Livaudais
2. Mark Kernodle
3. Matthew Prior
4. Dana Thalheimer
5. Randy Dunn

TBC Meeting Minutes from July 8, 2006 At Brier Creek – Panera Bread Company

Attendees: Matthew Prior, Paul Scrutton, Debbie Hage, Liz Maurer, Erik Staub

Matthew Prior is the new quartermaster. The TBC equipment will be stored at 212 Hillview Drive, Durham, NC 27703. A storage unit is not a viable option due to high cost of monthly fees vs. number of members and usage of new boards.

Club Trip – The October club trip will be announced through the next MindJibe if there seems to be enough interest. Adlai N. has reserved a dog-friendly house in October. Some folks were concerned about Adlai's house filling up so quickly via chatboard and not being announced in the MindJibe. Debbie contacted Adlai and discussed this issue. Adlai agreed that his house should be a private house (still having TBC occupants) with Adlai's money for deposit rather than the club's money. Debbie placed a discussion on the chatboard to survey the interest for another house on a consecutive week. Debbie is willing to be the coordinator.

Loan policy – The Start board has been repaired two or three times costing approximately \$75 for each repair. Because of the size and difficulty transporting and using the board, it has suffered several repairs. The Start was recently taken out of the rental fleet and is now being used for LTW events, unless the renter was to put down a \$100 for usage during times other than LTW. The Motion was purchased to replace the Start and is a sturdier beginner board.

Matthew (quartermaster) will screen new members prior to lending out the club's equipment. The following checklist will help the quartermaster monitor the lending:

Have you been to LTW?

Do you have experience rigging?

Do you have car racks or truck?

Can you swim?

Do you have an experienced person going with you?

The following items will be purchased for the club:

Life jackets - need three adults (XL, L, M), one kids

Soft racks – (discuss later, see how things go to see if it is needed)

Mast 400 and 430 – Matthew will check sail sizes, 30% carbon or better
 Sail – Kid sail, boom and mast, buy Debbie's at \$211
 Club flag – Liz will get

The club will announce in MindJibe that new members are needed on the board of directors. Nominations (one to replace Matthew and up to three more) are being accepted. Contact Debbie to nominate a club member. The list of nominees will be announced in MindJibe and a vote will take place at the summer cookout on August 27th. We will ask for floor nominations at cookout as well. Most of the current officers will remain same until next July. Matthew will write an article for MindJibe. Paul Scrutton is willing to be the president for another year.

Nominations thus far:

Michal
 Harold
 Matt Valentine
 Dana Thalheimer
 Lorraine King
 Clive Thomas
 Chris Navarre
 Bill Bradstreet

Discuss changing the rules for nominations at the summer cookout.
 A board meeting will occur after the cookout to vote on new officers.

How I Got Into Windsurfing: The Origin of an Obsession by Mark Kernodle

It was 1983. After graduating from UNC, I moved to Austin, Texas to start my first real job. There I made friends with a guy who owned an 18 foot sailing dinghy. We had lots of fun sailing and racing that dinghy. One weekend we were sailing at Canyon Lake in central Texas. There was a guy named Buck who had brought an original Windsurfer. No one had ever seen anything like it. One by one we all tried to get up and going on that thing in about 10 mph of wind. After my hour of failure I gave up. Not for me.

Flash forward to Sept. 1985, Lake Burton, Georgia. It was a weekend water ski trip. Howard from Augusta showed up with a trailer full of four longboards. A pair of Mistral Superlights, an original Windsurfer, a Kerma Ray. We ran out of gas for the ski boat, so what the heck? I hopped on the Superlight. The wind was cool and brisk, 10 to 15 mph. Immediate success going downwind the entire length of the lake! No problem, they are back with the gas, the ski boat can just tow me back to the lake house. That became my modus operandi for the day. The next day Howard gave me a couple of tips on going upwind. Deploy the centerboard. Duh! Wow, this thing just flies upwind! The ski boat tow back was no longer needed. My opinion of windsurfing was much improved.

Come spring of 1986 I pondered buying a sailboat. Hobie Cats were big. A co-worker said I should check out a place called WaterWorld in Durham, for Hobie Cats could be found there. His 16' Hobie Cat was certainly a lot of fun, though what a big pain to step that mast. So I made the trek to Water World. Low and behold, right in the front there was a big display of windsurfing equipment! Hobie what? Steve Kucil was enthusiastic and helpful with deciding what to buy. Steve suggested two

choices: Mistral Superlight, or, for half the price, an O'Brien Competitor. In a bout of misguided cheapness, I bought the O'Brien. It was heavy, but came with a colorful 6.0 Neil Pryde RAF Dacron sail. I had a lot of fun with that board. It was nearly indestructible, surviving numerous bumps and scrapes. The lash-on boom was flimsy and broke in the first few months. This turned out to be a good thing as I soon acquired two booms made by ART, one big and pink, one small and black. These were the very first booms on the market with a clamp-on boom head. Easy rigging!

In 1987 I attended a Fanatic demo day at Caswell Beach, NC, sponsored by AirWaves Windsurfing, a little windsurfing shop on Oak Island. The truckload of demo gear was driven and setup by Katie Griffith, who went on to create the ABK camps. It was my first time on a shortboard, a Fanatic Mamba. Wow, it didn't sink as bad as I thought it would! Subsequently I bought a custom glass 90 liter Ocean Image shortboard from Air Waves. It was beautiful, a work of art. But the wrong board for me at the time with my limited skills. The frustration that ensued with this board nearly drove me away from windsurfing.

In 1988, having made little progress with the Ocean Image, I acquired a Fanatic Bat from Triton Cove, a sailboat shop in Raleigh. It came complete with two nice color-matched pink and green sails. My first epoxy board, what a difference! Those cryptic instructional articles in WindRider finally made sense. Over time the mysteries of planing, waterstarting, and footstraps were revealed.

We took our first trip to Hatteras in May 1989. Out behind Windsurfing Hatteras, over the bridge, there was nothing but sand and a lot of other sailors. Somehow our Toyota Corolla never got stuck? It was too windy for the Bat, so I tried the cursed Ocean Image once again with my smallest sail. Wow, so easy to step up and get going! Then the Fear: I'm going toooooo fast. Over the handlebars; crash. This went on for some time. Hmmm, those Canadians are leaning way back; maybe I'll give that a try. Splash. Again. Hey, it really works!

A few moments later, I found myself blasting effortlessly downwind. Two years in the making, the Epiphany. There was no going back to dinghy sailing.

The Wily Skipper: Hugh Jackman (star of *X-Men*) “enjoys windsurfing”. You can find this phrase endlessly repeated on the Web. Whether it’s true or hype designed to reinforce his image, who knows. Anyone seen him on the water? [][[]] Imagine a windsurfing fitting service. You’d take all your gear to a shop and knowledgeable experts would spend 2 to 3 hours with you setting up your equipment to perfection, making sure your boom height and harness lines we set to perfection. They’d pay attention to appropriate fin size and condition of its leading edge; they would check your footstrap placement, check your booties for good fit. They would work on your stance with you. Your hardware would be safety-checked. For this service they would charge maybe \$250 or so. Such a service already exists for dedicated bicyclists. It’s Cyclespecifics in Carrboro. Alas, no such service exists for windsurfers. [][[]] Thanks to Ernie McGrew for the new image on the membership form.

THE WINDSURFING GURU

STUDENT: Surf Swami, you gave up everything to move here to Windsurfing Paradise. What is it you like so much about windsurfing?

GURU: There are things that I cannot reveal to you at this time. But I can say that one thing in particular attracts me: when you are windsurfing your attention is focused on wind and water. You are constantly monitoring the surface of the water and the strength of the wind. I call that the Flow. I rarely think of anything other than windsurfing for longer than a nano-second. But of course I do stop for

lunch. But it's the Flow I love, the constant interaction of myself, my body, my mind, and my control of my equipment with the elements.

STUDENT. Yes, Guru, we have noticed that you never miss lunch.

GURU: Sometimes I wish my students were less observant.

STUDENT. Short of moving here to Paradise, how can I make myself happier in life?

GURU: Well, if I had to leave Paradise, I'd try to make my life, particularly my work life, more like windsurfing. I'd look for a job that had the same kind of experiential flow to it.

STUDENT. But work can't be all flow, can it?

GURU: Windsurfing is not just all flow either. There are the pauses, the rigging, the planning, the anticipation. Look for that combination in work and you will be happier.

ANOTHER FAMOUS WINDSURFER: Colin McGinn

Sloughing off mortality...

"I learned how to windsurf when I was 50 and, boy, do you fall off that board into the water a lot of times: your back hurts, your hands hurt, you look stupid, you have neither style nor grace. But if you persevere you eventually get the hang of it, and before too long you are coasting along at a handsome clip, savouring your skills. Philosophy is a little like that, as are other intellectual endeavours: it takes persistence, patience, tolerance of failure, a stubborn desire for mastery. Essentially, it is a matter of gradually acquiring a skill, one component at a time. And, as with sports, some people are going to be better at it than others.

"The metaphor that best captures my experience with both philosophy and sport is soaring: pole vaulting, gymnastics and windsurfing clearly demonstrate it, but the intellectual highwire act involved in full-throttle philosophical thinking gives me a similar sensation - as if I have taken flight, leaving gravity behind. It is almost like sloughing off mortality." <http://www.unm.edu/~artsci/advise/prospect.htm>

(Colin McGinn is professor of philosophy at Rutgers University. His book *The Making of a Philosopher* has just been published in paperback by Scribner. Many TBCers probably saw him interviewed by ... on the PBS series hosted by Bill Moyers.)

LTW. Thanks to all who volunteered to help with the LTW days. Randy, Matt V. and Clive T. signed up as instructors. Bob E. and Mark K. transported gear. Lots of others showed up to help. But only three of the six participants showed up. A family with two boys showed up and got a chance to participate. LTW1 was held at Jordan Lake - Ebenezer Point. The weather was good but no real wind. We need to get committals from volunteers rather than just showing up to help (even though that is okay too). But, no volunteers = no clinic. A second LTW day was held subsequently.

MindJibe is the newsletter of the Triangle Boardsailing Club. It publishes five or six issues a year.
 EDITOR-IN-CHIEF: John Rutledge SENIOR CONSULTING EDITOR: Mark Kernodle
 CONTRIBUTORS: Liz Workman, Mark Kernodle, John Rutledge PHOTOGRAPHER: Ernie McGrew. Please send contributions to the editor at jbr@email.unc.edu. The editor can be reached at 919-489-7863. TBC Homepage www.triangleboardsailing.com

Triangle Boardsailing Club Membership Form

New Member: ____ Renewal: ____

Name: _____

Street Address: _____

City/State/Zip: _____

Phone Day _() _____ Eve: () _____

Email (optional): _____

Make Check Payable to:
Triangle Boardsailing Club

Mail to:
Triangle Boardsailing Club
P. O. Box 662
Cary, NC 27513

I, _____ as a member of the Triangle Boardsailing Club, do hereby acknowledge that it is impossible to eliminate all risks associated with the sport of boardsailing, and for myself, my executors, administrators, successors and assigns, waive, release and forever discharge any and all rights and claims for damages, whether they arise in tort, contract, equity or otherwise, which may accrue to me against the Triangle Boardsailing Club, its officers, directors, and members (hereinafter referred to collectively as the "TBC"), and which result from, originate and/or arise out of, directly or indirectly, my participation in TBC meetings or events, or use of TBC equipment. I do further indemnify and hold harmless the TBC against any and all liability or responsibility for any injury whatsoever, including but not limited to injury to my person or property, received, incurred, and/or arising out of, directly or indirectly, my participation in TBC events, or use of TBC equipment. My release is also given for the reproduction of any photographs taken of me or including me for use in media coverage. I understand that I am waiving rights, which may otherwise have been mine by law, and I do so of my own free will and consent.

The **Triangle Boardsailing Club** is a non-profit organization dedicated to promoting and preserving the sport of windsurfing. **TBC organizes:** public service activities; Club windsurfing trips to Hatteras; Club meetings and social evenings; free instructional clinics; parties; swap meets; races.

TBC owns and maintains the local Windtalker at Jordan Lake
(387-5969).



Triangle Boardsailing Club
P. O. Box 662
Cary
NC 27513

stamp

mailing label

