

MINDJIBE



Newsletter of the Triangle Boardsailing Club

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UPCOMING EVENTS

Lake Jordan race April 9th or 10th (Details below.)

Swap Meet at Dave Marshall's March 12th 10:00 AM to 2:00 PM

Bring anything related to windsurfing and see if you can sell or trade. Dave Marshall usually has some interesting stuff of his own to sell. One of TBC's favorite events.

Directions **from Raleigh**: Head South on US 1/64 towards Apex. At the Us 1/64 split, go right (West) on Hwy 64. Go 6.2 miles on Hwy 64 and turn left onto Kelly Road. Go 2 miles, turn left onto Apex Barbecue Road. Go .03 miles, house on the right.

Directions **from Durham or Chapel Hill**: Take Hwy I-40 to NC 751, exit and head south for about 12 miles until you come to Hwy 64. At the Hwy 64 light turn left. Go 3.3 miles. Turn right onto Kelly road. Go 2 miles, turn left onto Apex Barbecue Road. Go .03 miles, house on the right.
If lost call Dave Marshall at (919) 362-4340

Club Trip, Second House. Randy has rented Summerwinds, and there is room for 3 or 4 more people. Summerwinds is soundfront, located on Cross of Honor drive, just a few houses down from the first house. It is rented from May 14 to 21, Saturday to Saturday and the same dates as the first house. The price will depend on how many people we get. If we get eight people, the price will be \$104.25 per person. Contact Randy Dunn at 919-467-9876 if you're interested. -rd

<http://www.midgettrealty.com/book/house.html?PMSID=RA163>

Lake Jordan Beach Clean Up June 11, 8:00 AM

It is suggested that you bring long pants, sturdy shoes, bug spray, sun block, and work gloves. We have the shelter reserved; so BYO lunch. -jh

FROM THE PREZ: As I am sure everyone is aware, Adlai is leaving the Triangle for a new job opportunity in Boston. He will be sorely missed, but he has assured us that we will still see him at Hatteras and other spots. Adlai, thanks for all your hard work on the TBC board as Treasurer, and for serving as the coordinator of so many of our races.

In addition to his duties as Communications Chair, John Harper has volunteered to take on Adlai's Treasurer responsibilities for the remainder of the term. Thanks, John! fg

CLUB DUES: NOTICE: After many years of no price increases, TBC membership fees are rising to \$15 single and \$20 family. You can use the form included on p. 7 of this newsletter. Or go to the TBC webpage and print out the application. Mail to the Club Treasurer, Adlai Niggebrugge. Just for the record, the Club staged 11 events last year—not

bad for the size of our membership.

2005 Race Season Proposal

The 2004 TBC Race Series was officially closed at the Winter Party this past January when Mark Kernoodle, Master of Ceremonies, presented medals to the top 3 finishers for each class. So like the NFL ad during the Super Bowl says, we are all now undefeated. Special thanks to Mark and Kathy Kernoodle for their handiwork in creating the medals.

For 2005 the TBC Race Series will continue much the same as last year with the point series format and Pro, Sport and Women's fleet classes. If you have forgotten already, the point series awards 5 points for first place, 4 points for second and so on, with 1 point awarded if you participate. There will be three races this year with the first planned for April 9th and/or 10th at Jordan Lake. We are working to set this up as a two day event to give ourselves the flexibility to choose the best day and time for wind. Hopefully this will be a planing race. I am looking forward to seeing some Formula sailors out there. Stay tuned to the TBC website as we finalize the details for this event. The TBC board has approved funding for this race. We have the USWA and the staff at Jordan Lake to thank for making this event possible.

The second race of the year will again be held during the Spring Trip with the actual day being chosen that week based on the forecast. Hopefully it will be that first Sunday so those of us not on the trip can join in. Finally, the third race will occur sometime in the fall at a coastal location yet to be determined.

IN THE WIND.

There are lots of online windsurfing magazines you can read. There's a list of them here:



<http://windsurf.start4all.com/>. German, Dutch, French, English, Japanese seem to be the main languages.

Rec.windsurfing is now only one among MANY windsurfing newsgroups you could spend time with. One person on rec-dot counted 16 different windsurfing groups! Do they "twig" and migrate? Does a group of people get unhappy and seek independence? ***** Windsurfer Finian Maynard from the British Virgin Islands has beaten the world record for outright speed under sail with a run of

46.82 knots. This was .3 better than the previous record. Windsurfing is the fastest sailing sport again after F2-windsurfer Finian Maynard wrote sailing history by breaking the Speed Sailing World Record here in Saintes Maries de la Mer, France on 13 November. The 30 years old windsurfer from the British Virgin Islands took over the eleven years old record by surfing 46.82 knots (almost 87 kilometers/hour), which was officially confirmed by the World Sailing Speed Record Council on 1 December., 2004 (http://www.soulonline.nl/motion/news/details.php?nieuws_ID=500&soort=news) ***** Is *Windsurfing Magazine* in trouble? Recent issue have been quite good, in this editor's opinion. But the numbers keep declining. Paid subscriptions last year went down again. To about 24,000. Think of it! Only 24,000 people were interested enough in windsurfing to subscribe. But perhaps subscription figures are not wholly indicative now they way they used to be. There are many more souces of information about windsurfing, especially online. [4] Is there a weight advantage in Formula racing? I got to wondering, has Formula racing made it any easier for lightweight sailors to succeed? Or put another way, do medium and heavyweights still have the advantage in racing? The PWA has profiles of the top ten Formula racers for 2004. Only one of them weighed less than 80 kg. Most were mid-80s, but, interestingly, the top three all weighed more than 90 kg. Finian Maynard is a real heavyweight, by the way. (The editor in no way intends for these reflections on the weight of top-performing windsurfers to be seen as a thinly veiled attempt to excuse his own meagre accomplishments. That would be far from the Truth.) ***** Sometimes

you just wish certain people didn't (hadn't) windsurfed. The *London Daily Telegraph* (April 20, 2003) reported that the late **Uday Hussein**, son of Iraqi strongman Saddam Hussein, was a windsurfer! "[I]n the grounds of his wrecked palace, we came upon what he called his "Tower of Babylon" where he would bring the unfortunate women he had picked - sometimes, according to witnesses, strangers whom he dragged off the roadside - to please him. His bedroom was a tasteless throwback to the 1970s, with a mirrored bed, plastic flowers, heart-shaped cushions and panoramic views of the private lake where he would go **windsurfing** ." I can think of nothing to say about this unhappy piece of information. *****

God Meets Guru

A photo shoot brought the immortal RN to Windsurfing Paradise, one of the few spots he, oddly, had not yet sailed in. The Windsurfing God had heard of the Windsurfing Guru and was anxious to make his acquaintance. The Guru recognized him from a distance and ambled out to meet him.

GURU: Hail, thee, god of Windsurfing. All the windsurfing world does thee homage.

RN: What's with this "thee" thing? I may be numero uno, but you can say "you" to me. Besides, dude, I respect that advice that you've been dispensing for these many years.

GURU: Thank thee, er... thank you! I don't offer much more than common sense and low-grade plagiarism. But I do have a few issues that I'd like to confer with you about.

RN: Shoot!

GURU: Perhaps you know, I don't give out technical advice. Many come to me seeking psychological advice. My meager skills reach only so far. At what point should people be directed to a sports psychologist?

RN: If I felt my performance was slipping, I would certainly seek help from a sports psychologist. Yeah, definitely. I would want someone to help show me what was going wrong mentally. Mentally, you know?

GURU: Sage advice and well spoken! I completely agree. I wonder if we also agree on what it takes to make a good windsurfer? You often hear that windsurfing takes no strength, you just use the wind's power.

RN: A lot depends on natural talent. You need quick coordination. Not being too big or too small. Nimble. Powerful. The guys that are the best are just so good to begin with.

GURU: Sad news for some of us. What about people who aren't born with the right windsurfing genes?

RN: If you don't have the natural talent, you just have to work hard at it. You have to be dedicated and committed and work three times harder than the guys with natural ability.

GURU: At least there's hope. A lot of people get nervous before events or before they get to the launch

RN: If you're not nervous, you're not into it enough. You have to have butterflies.

GURU: They say that windsurfing is graying. Could you say something about the aging windsurfer? You're about 40 yourself now, right?

RN: To stay competitive you have to work out, more so as you get older. And to be a good windsurfer you have to be immature mentally—immature enough to sacrifice your body, time, responsibilities, family.

GURU: Indeed! That's probably what attracts a lot of us to the sport.

RN: Excuse, me—there's my helicopter. Gotta run! Good talking with you , Guru.

Board Quivers: The Continuing Saga

If you haven't already read it, take a look at the two page thread titled "Board Quivers" on the new TBC chat board kicked off by Roger Nightingale on Jan. 7. It's a series of compelling dialogues contrasting the pratfalls and advantages of owning two or more boards. It well compliments the series of soliloquies that have appeared in MindJibe for the last year on the same subject. For your edutainment, some excerpts follow. Roger opines that the right two boards are enough for anyone. "Two well selected boards is enough. Any more and you lose Time on Water to switching, finning, loading, and unloading - not to mention board selection paralysis. With 2 boards, life is very simple – little board when it's windy and big board otherwise."

Wind Whiner asserts au contraire. "The only limitation on how many boards you can have, is whether you can haul them. Imelda Marcos was right! And boards are cheap--it's the pursuit of perfection that's expensive. You can buy plenty of good boards for \$150-250 used, but finding that perfect board that will make your quiver minimalist will cost you!"

Roger, after a cheap shot at Imelda Marcos, replies "I didn't say the minimalist wasn't willing to spend some serious coin. My 2 board quiver assumes contemporary sails and hulls - the single biggest advance in the last decade has been dramatically increased range in both."

Charles Livaudais describes a sensible multiboard solution for the windsurfing couple. "We have four boards for two sailors, but there's little overlap: 138, 118, 100 and 88 liters, with

the two smaller boards being wave/slalom types. If Jean isn't sailing with me, I can choose from among all of them."

Wind Whiner then defends the pseudo-hedonistic overtones of overconsumption. "The minimalist argument suggests to me the influence of Puritanism. Why is austerity, when it comes to boards, necessarily better than complexity or exuberant effulgence? Between Baroque and Bauhaus, I'll take Baroque - in boards at least. It is precisely with something as glorious as sailboards that we ought sate our desires and have as many boards as we want."

Erik Staub make a compelling case for multiple boards as a matter of practicality. "An important point that is being overlooked is redundancy. Airplanes have it, why shouldn't I?" Erik reveals that his proclivity for breakage necessitates owning backup boards.

Roger has the final word with this gem. "Without a doubt, the ultimate board quiver is one. With time, that board becomes an extension of your body, responding to every nuance of pressure or stance. You learn to cajole it onto a plane and rein it in when it gets feisty." Clearly there is a divergence of opinions on this topic! I've owned ten boards over nineteen years, though no more than five at one time. My humble opinion is that a wave board, a slalom board, and a longboard comprise the minimal quiver. While many of my fellow sailors have shed their centerboard-impaired longboards, I will never grow tired of quietly exploring an inland lake on a perfect, SW 5-11 summer day. —mk

WINTER PARTY REPORT January 22nd, 2005 Time: 6:30 PM until....

The TBC Winter Party was a huge success. Thanks for Fred Maurer, who found a way for us to hold it in the luxurious Five Oaks Club House, located almost mid-way between Durham and Chapel Hill. Despite the threat of ice and snow, about 25 windsurfers and SO's showed up for food, videos, conversation, and of course the award presentation. As usual, we had a few new people and a lot of regulars. Mark Kernodle presented awards for the 2004 race season. Cathy designed and made the medals. Very impressive and artistic. —jr

EDITORIAL: Does TBC need a newsletter?

When *MindJibe* started, it was hard to find anything to read about boardsailing. *Windsurfing Magazine* was still *WindRider*—for copyright reasons. Now, even though U. S. windsurfing may be beyond its heyday, there are so many publications, online newsletters, web sites, and forums that you can't read them all.

Our newsletter has always been different from the national magazines. It offered local news, mainly about local sailors, events and accomplishments, and occasionally, opinions. It was not Starboard's forum, not the Exocet site, and not rec.windsurfing.

Back then there was no good way to share pictures of events. Now we have an excellent place to post pictures and videos. Clearly a print newsletter, with current technology, cannot compete with the graphic quality of web-based pictures and videos. I am keenly aware that people want more pictures in *MindJibe*, but I have generally resisted because I have not been able to get them to look good in print. To me it makes no sense for a b/w print newsletter to try to compete with color shots posted on Internet.

Then there's the whole identity thing. *MindJibe* helped people feel connected to the Club. It reminded people that the Club existed. In the early days, *MindJibe* was also—believe it or not—a source of revenue. We actually charged money to the shops for advertizing space in the newsletter. So, there was less cost to the Club to produce it than there is now. Postage and printing average about \$60.00 per issue.

For years the Club newsletter was about the best place to advertize windsurfing gear for sale. Since the TBC webpage went up, not a single person has requested parallel posting in print.

All of the above functions of the newsletter have either disappeared or have been supplanted, to a large extent, by the TBC chatboard and other venues. Personally, it is somewhat demoralizing to know that just about everything I put into *MindJibe* has already been conveyed to those who need to know via the TBC web page. I thought our published series on board quivers was good, but was it that much better than the recent thread on the chatboard about an ideal sail quiver?

What's left?

MindJibe was (and is) a forum for a few people who wanted to write about windsurfing. The tone of it was always different from that of the national magazines. (Occasionally it was of better quality. Some of you may remember the ruminations of Yates Fletcher.) It had a fairly distinctive voice, not surfer-dude, but not stuffy either. Some years we published almost as much text as the *NEWJ*.

But it has always been a chore to get people to contribute to *MindJibe*. The editor and president often wound up doing much of the writing. Some of you may have noticed that the last issue contained only six pages rather than the usual eight. With fewer people in the Club, we have fewer people to contribute stories, news and views. (We may actually have more photographers now though.)

Perhaps much of the available creativity is going into the chatboard rather than into the newsletter. And why not, since it's so much easier just to post rather than mail something off to an editor and wait for weeks. Increasingly, articles in *MindJibe* are cumulations of threads on the chatboard. A print format tends to make a newsletter somewhat formal. The chatboard is more democratic and open. On the chatboard you can post anonymously, whenever you want to, and no one cares much about your spelling or grammar. You may even be a dog. But without a formal "edition" and a deadline imposed by the editor, some things might never get written or published.

Would we be less of a club without a newsletter? I'm not sure. We have an excellent website. A good forum can achieve fantastic loyalty and participation and create a community. Some pride of membership can attach to that. The Moderator could probably tell us where people are logging in from. I'd be willing to bet that the TBC page has readers nationwide, at least regionally.

As a sometime, well, actually, a regular contributor to the newsletter, I often think that my little pieces might be read more if posted on the chatboard than as part of a print issue. Myself, I still like my newspaper delivered to my door. I certainly don't want to read a newspaper online. A newsletter might be different however.

If we are to have an online version of *MindJibe*, what should its function be? What sort of content should we focus on? I worry too that e-newsletters tend to be ephemeral things. I suspect that they are the creation of one person. They don't last very long. They are irregular in periodicity.

We have heard opinions about *MindJibe*'s future on the chatboard. We need to hear from people who prefer print delivered to their door. —jr



Figure 1Debbie Hage in Margarita

Triangle Boardsailing Club Membership Form

please print clearly!

New Member: ____ Renewal: ____

Name: _____

Street Address: _____

City/State/Zip: _____

Phone Day: (____) _____ Eve: (____) _____

Email (optional): _____

Make Check Payable to:
Triangle Boardsailing Club

Mail to:
Triangle Boardsailing Club
P. O. Box 662
Cary, NC 27513

Dues: Single: \$15 Family: \$20

I, _____ as a member of the Triangle Boardsailing Club, do hereby acknowledge that it is impossible to eliminate all risks associated with the sport of boardsailing, and for myself, my executors, administrators, successors and assigns, waive, release and forever discharge any and all rights and claims for damages, whether they arise in tort, contract, equity or otherwise, which may accrue to me against the Triangle Boardsailing Club, its officers, directors, and members (hereinafter referred to collectively as the "TBC"), and which result from, originate and/or arise out of, directly or indirectly, my participation in TBC meetings or events, or use of TBC equipment. I do further indemnify and hold harmless the TBC against any and all liability or responsibility for any injury whatsoever, including but not limited to injury to my person or property, received, incurred, and/or arising out of, directly or indirectly, my participation in TBC events, or use of TBC equipment. My release is also given for the reproduction of any photographs taken of me or including me for use in media coverage. I understand that I am waiving rights, which may otherwise have been mine by law, and I do so of my own free will and consent.

The **Triangle Boardsailing Club** is a non-profit organization dedicated to promoting and preserving the sport of windsurfing.

TBC organizes:

Public service activities
Club windsurfing trips to Hatteras
Club meetings and social evenings
Free instructional clinics
Winter parties
Swap meets
Races

Membership entitles you to:

As many issues of the Club's newsletter *MindJibe* as are published
Free classified ad service in *MindJibe* and on the Club webpage
Use of club-owned equipment on a sign-up basis as available
Refreshments at club-sponsored events



In addition, TBC owns and maintains the local Windtalker at Jordan Lake (387-5969).

