

# MINDJIBE



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Newsletter of the Triangle Boardsailing Club

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## UPCOMING TBC EVENTS

**WINTER PARTY.** Social Director Lorraine King is coordinating the Winter Party. Location is Pirate's Cove in Cary. Date: **Saturday, January 18<sup>th</sup> at 7:00 p.m.**

**Directions** From I40 get off at exit 291 and take Cary Town Blvd. to Maynard, the second light, turn left on to Maynard. After you cross Walnut Street you will see a water tower on your left take the second left after the water tower, this is Seabrook Ave. At the traffic circle take the first right on to Green Wood Circle. Take the next right on to Kenridge there is a parking lot at the end of Kenridge.

As an alternate you can take the first left after Seabrook Ave, Tanglewood, then the first left on to Blackshoal; then go to the parking lot at the end of the street.

**SPRING TRIP.** Glen Nowachek volunteered to serve as Trip Coordinator for the Spring Trip. He has booked TopWind in Mirlo Beach. This is one of the best houses in the whole area. The dates are **May 17 to May 24, 2003**. To secure a place on the trip, contact Glen (at [gnowachek@mindspring.com](mailto:gnowachek@mindspring.com)) to let him know your plans and ask about available space. Then send a check in the amount of \$134.27 per person. You can mail the check directly to him at 145 Meadowlark Road, Goldsboro, NC 27534. Receipt of the check is your guarantee of a place on the trip.

This is earlier than we usually get started with this. Perhaps this will make planning easier for everyone. Let's hope first house fills quickly and we can actually fill two or three this time. The web site for people to see the house is:

[www.outerbeaches.com/book/house.html?Num=136](http://www.outerbeaches.com/book/house.html?Num=136)

**SPRING SWAP MEET.** Mark **March 15<sup>th</sup>** on your **2003** calendars. TBC has reserved Lake Wheeler on March 15<sup>th</sup> at 10:00am for the spring swap meet.

Dave Marshall hosted the **Fall Swap Meet** at his place in Apex early in November from 11 a.m. to about 1:30 p.m. Thanks to Dave for hosting the event and to Lorraine King for providing tasty snacks. Swap meets are major social events for TBCers. More than a dozen sailors turned up to chat with their windsurfing buddies and reminisce about equipment of days gone by. Swap meets also provide a good

chance to get a realistic estimate of what your old equipment really is worth. Even if you can't sell it, there are plenty of people around who are only too glad to tell you how little it will bring. Popular boards from 1994 onwards can be sold fairly easily, if the price is right. Older material, particularly stuff from the 1980s, is almost impossible to move. Towards the end of the day prices began to drop as bargain hunters seized the opportunity to upgrade their quivers.

We have not reached the point where newer, wide-style boards are showing up at our swap meets. This situation could easily change with a year or two when the second generation of wide boards begins to make the first entrants into the market seem outdated.

—John Rutledge

The keen-eyed among you will have noticed that this issue of *MindJibe* proudly bears an International Standard Serial Number (ISSN). The TBC's *MindJibe* is now distinguished from all other *MindJibes* by a unique number: ISSN 1540-983X. Yes, after 20 years we have gone legit. *MindJibe* is now registered with the

## In the Wind

National Serials Data Program. Actually, the current editor started this process back in 2001, but our application was lost in the anthrax scare at the D.C. post office. A significant number of communications to the Library of Congress had to be discarded, our application among them. Even the TBC is not immune from terrorist attacks! [ ] [ ] [ ] A new online environmental newsletter, **Atlantic CoastWatch**, consolidates coastal and environmental news for activists, scientists, educators and citizens in the Atlantic region between Nova Scotia and the eastern Caribbean. "Atlantic CoastWatch began as a concise 8-page newsletter in December, 1997. Atlantic CoastWatch's purpose is to concentrate and distribute relevant information for those who can ill-afford the time to collect or monitor coast-wide environmental news, issues and events. In May, 2001 Coastal News Nuggets was initiated which provides our ongoing daily news research, whether as links to press-releases, news or magazine articles." They typically scan over 300 web sites for updated content, visiting over 80 sites daily. On a weekly basis News Nuggets provides between between 200 and 300 news stories with links to their sources. consolidates coastal and environmental news for activists, scientists, educators and citizens in the Atlantic region between Nova Scotia and the eastern Caribbean. [www.atlanticcoastwatch.org](http://www.atlanticcoastwatch.org).

# TWC: The Windsurfing Channel

Wednesday December 32, 2002

- 4:00 p.m.: The Weather Geek.** The ever-popular call-in show. The Weather Geek answers questions for other weather enthusiasts. Topics today include frntl bndries and the jtst, fine pts of mgn mos interpretation. Expect gale-force hot air for extnd prds.
- 7:00 p.m Windsurfing News Round-up** from Around the World
- 7:30 p.m News from the Windustry.** Two hours of the hottest new gear from your favorite shapers and lofts.
- 8:30 p.m. Action Shots from Jaws.** Tonight's episode features Jason Polakow and others doing things you can't even aspire to.
- 9:00 p.m. High-lights of the Bercy Indoor Competition 2001.** Duo-hosts Björn Dunkerbeck and NASCAR announcer Phil Parsons explain the action.
- 9:30 p. m. Wind Chat with the King.** Popular talk-show hosted by the King himself, Robby Naish. Panelists Bill Hansen, Barry Spanier, Werner Gnigler discuss sail designs for 2003.
- 10:00 p.m. Trolling for Bass on your Longboard.** Bubba teaches you all the techniques for getting the most variety and best catches on your longboard. For those truly light-wind days.
- 11:00 p.m. Broads on Boards.** The Playboard Channel presents.
- 12:00 p.m. The F insatiable Marilyn Chambers.** Your XXX-rated fantasies come true.
- 2:00 a.m. The PWA Hour: What's Shakin' with the PWA**
- 2:15 a.m. The Anal-Retentive Rigger.** Secrets of successful rigging. Tonight: Should we measure negative outhaul in negative newtons?
- 4:00 a.m. Gegen den Wind.** Four episodes back to back of the popular windsurfing soap opera from German TV. (Dubbed.) With guest appearances by David Hasselhoff singing and sailing.
- 5:00 a.m. The Weather Geek's Morning Call.** Ever-popular Weather Geek returns with his best guess about the wind today. Hour-by-hour forecast for major sailing sites in the U.S.
- 7:00 a.m. Adventures of Silver Windsurfer.** Kids' classic, commercial-free.
- 9:00 a.m. The Windsurfing Shopping Hour.** Exciting new products made with **Carbonique™**

**10:00 a.m News from the Windustry.** Two hours of the hottest new gear from your favorite shapers and lofts.

**12:00 noon. Psychic Friends' Wind Forecast** Panel of psychics predicts the wind for the next 36 hours. [-jr]

### **LONG BOARDS STORM THE RACE!** -- Fall Race Report by Paul Scrutton

The Fall Race this year was held at Camp Albemarle near Morehead City. The Camp is situated right on the mainland side of Bogue Sound. The competitors effected good use of the grassy rigging area, and took advantage of the good nature of our camp-host, who offered to haul trailers to waterside for easyrigging. When we arrived, the weather was brutally cold, in the 30-40's range, and it was blowing 20-25 mph. Slowly competitors dragged in, and we ventured out of the warmth of our vehicles to observe the launch and take in the conditions.

The wind started to die down at around 10am, as the forecast had predicted, and I set the buoys out in mostly slalom orientated course, with slight upwind/downwind compone nt. A running start was decided upon. Competitors started rigging in the 7.0 size, and then as the wind died further started rigging larger. By race start, wind had died down to 5mph or so. I opted to rig a 7.0, despite being small in size, in order not to wear myself out. The first race saw many competitors getting a feel for the course, with some competitors not pointing high enough to meet the mark on the first run, and having to tack. Despite the proliferation of exotic wide modern boards at the Fall Race, the long boards proved to be the boards to be on.

I'm never sure exactly how to report on these races, as I normally end up near the back of the pack, and only get to see what happens here, so bear this in mind when you read the following: The first 4 races saw me trailing the pack, very underpowered compared with the rest of the competitors, and quite envious of Jonathon's race winning IMCO long board. As I was fighting to maintain a slog with enough angle to make the buoy, I'd watch Jonathan in semi-planing mode leading the pack towards the finish line. After the 4th heat, we had a refreshment break. I attempted to eat a andwich, drink some fluids, all while frantically re-rigging my 7.0 up to a 9.5, all the time cursing the fact that I didn't have a second 490 mast, which would have saved me from derigging the 7.0.

Heats 5-8 was a different story. Instead of coming in in last like the first 4 heats, I found that I was almost competitive. Heat 5 was troublesome though. In order to accommodate the 9.5 sail, I'd bolted on a 62cm fin onto my board. As I was sailing towards the start line on the 10 second countdown, my fin hit bottom causing me to stop and fall in at the start line. The bottom wasn't uniform along the start line, downwind was shallower...another learning opportunity. I think that I made 6th place out of 9 or 10 sailors in a couple of heats, which I was pretty proud of. I was often at the verge of sub-planing with the larger equipment, and with very careful foot placement, and pumping I was able to get some board out of the water and increase my board speed from straight displacement mode. I wouldn't call it planing nor displacement mode, more sub-planing.

I'm going to hand-over now to someone near the front of the race that saw things going on up there a bit better. **Charles Livaudais** reports (lifted from the TBC Chat board):

The winning boards may have been low tech, but the rigs weren't. Jonathan Phillips ruled the day with his One Design and North Warp 9.0. I think he won 6 of 8 races. Jonathan's starts were very good, his jibes were very good, and his boat speed was tops.

Charlie Buckner won at least one race and came in second or third in the other races in which he participated with his One Design and Sailworks 9.1 race sail. Charlie would have taken 2d place, but chose to rest his back in the last 3 races. With 2 throw-outs, Charlie probably would have been at least second if he'd raced just one more time. He was Jonathan's only real competition. I won the first race with my Superlight and Sailworks 9.0 race sail, but then had to follow Jonathan's wake. Even when I was ahead at the start (which was rare, as Jonathan was usually ahead to begin with), Jonathan would pass me on the return leg. I could not keep up with Jonathan or Charlie when they semi-planed on that return leg. No excuses though, as they sailed better than I did at the start,

on the jibe, and in tactical decision-making. Overall I took second place, thanks to Charlie's early retirement.

Chuck Eldred did quite well with his Prodigy, but I don't think it was a match for the true long boards in non-planing conditions. Bob Elmore also did quite well with his Superlight, but could not challenge the leaders owing to his \*small\* (8.1) sail.

Some other things of note about the race from **Mark Kernodle**:

Bob Elmore is hereby promoted to the Pro fleet. About time! The new kid (JP) opened up a can of whup-ass on us. He was gracious enough, being the first to arrive, to score all the finishes.

In longboard conditions, the Pro fleet has four contenders who have an equal chance of winning on any given day: Jonathan Phillips, Charles Livaudais, Charlie Buckner, and Don Munn.

*MindJibe* attempts to publish six issues each year.

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Vintage IMCO's, Cats, and Equipes are going to be in demand at the next swap meet. The Club HiFlys (heavy and plastic) would have beaten all of the wide boards in the conditions on Nov. 23. State-of-the-art wide boards are no match for longboards in winds 10mph and less. We need to acquire two more buoys.

(The race results, courtesy of Mark Kernodle, can be found on the TBC web page: <http://jollyroger.com/windsurf/tbc/bulletin.html>.)

Want to know more about TBC races? Most of the planning and Monday-night quarterbacking takes place on a Yahoo newsgroup. The TBC race discussion group currently has about 15 participants. If you would like to join, send an email to [TBCRACECOM-subscribe@yahoogroups.com](mailto:TBCRACECOM-subscribe@yahoogroups.com). See more info at: <http://groups.yahoo.com/group/TBCRACECOM/>

### **SPEEDMATE: Poor Man's GPS**

Ever hear of a "Speedmate Surf" knotmeter? Me neither, until while sorting through the club equipment following the Fall Trip I noticed two of them in the club gear bag. They are an intriguing piece of electronics, and some of you may be interested in trying one out sometime.

The Speedmate is a small (about the size of a pack of cigarettes) waterproof electronic module which can be temporarily mounted on the tail of a sailboard and provides a display of speed and accumulated distance traveled. The module is intended to velcro'd using the provided straps to one of the back footstraps. A small impeller mounted on the back of the fin is used as

the speed sensor device; as the board travels through the water, the rotation of a tiny magnet inside the impeller is picked up by the electronics module and translated into the speed and distance traveled. The module is powered by a CR2032 watch battery, and has a large LCD display which can be easily read while sailing.

Because I didn't notice the units in the bag until the end of the Fall Trip, I haven't had a chance to try these gadgets out yet. I've been told by someone who has that the module tends to get in the way of one's feet when mounted on a footstrap, although it seems possible that one could also mount it farther back and out of the way by hooking it onto the fin bolt somehow. Another question is whether the impeller mounted on the fin would create a noticeable amount of drag or disruption in the flow of the water around the fin. I would guess that somebody who was pretty proficient on the water could notice the difference, but mere hackers like myself would probably not, and the extra thrills to be had in trying to perfect one's technique and eke out another half knot of speed on the next run would be well worth any minor increase in drag.

Anyway, the Speedmates are free for the borrowing for any club member who wants to drop by the Club Quartermaster's place to pick them up. Bring a new battery out with you; at least one of the two with the units now is starting to get weak. And let us know how it goes....

--John Flavin



## The Windsurfing Guru

STUDENT: Master, is it true? Is windsurfing better than sex?

GURU: Of course not. Don't be silly. Sex is *sui generis*. Nature invented sex to propagate species and it works pretty well. Windsurfing is a pleasurable hobby, an addiction to some, and as we all know, **sublime**, but it is not as pleasurable in the same way as sex. Unless you have very unusual needs—or special nerve endings in your feet. But that is merely the biological answer. The psychological answer is different. Comparisons between the two are inevitable. Windsurfing often brings a deep sense of well-being and satisfaction. For most people windsurfing sessions last longer than sex. And in any activity you can have an off day now and then. For some people a windsurfing session may occasionally bring greater rewards than sex. So, a cautiously guarded answer: yes, windsurfing can be better than sex for some people sometimes.



NEWLY WOUNDED: Guru, I got catapulted last week. My harness hook got caught on a line and I was trapped under the sail. I thought I was a goner! Now, I'm a bit afraid

of getting back on a board. What should I do?

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### A NOTE OF THANKS :

Ranger Sue McBean  
Jordan lake Sate Recreation Area  
280 State Park Road  
Apex, NC 27523

Dear (Editor):

Finally! Here are the photos from the Triangle Board Club's volunteer workday at Ebenezer. I apologize for the delay in printing these photos. I hope that you will be able to use them in your newsletter. (See them live at the winter party. —ed.)

I would also like to take this opportunity to thank you and all of the other volunteers for your efforts! You were some of the hardest working volunteers we have had out here, and I was impressed with your accomplishments. You were also a great group of people to work with and to be around. Thank you again!

Sincerely, Sue McBean

GURU: In windsurfing, as in love, the first rule is: when thrown, re-mount immediately. Now get back out there today!



SURFETTE: Guru, does this wetsuit make me look fat?

GURU: No, you look lovely.

SURFETTE: No, tell me the truth. Do I look fat in this wetsuit?

GURU: Black is a slimming color.

SURFETTE: But how do *I* look in it?

GURU: Honestly, I'm not the best judge of these things.

SURFETTE: I know you've seen lots of women windsurfers. Windsurfing paradise must be full of them.

GURU: Well, I *do* like the one you're wearing, but I really prefer the one with the blue lycra gussets.

SURFETTE: Thanks! I'll try that one.

GURU: (Whew! That was close.)



STUDENT: Guru, what is your favorite board?

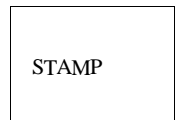
GURU: I've been through dozens of boards and experience has taught me that the best board has always been the one I am just about to purchase. Of course, professional ethics pre-vents me from making recommendations about specific boards.







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