



## Upcoming TBC Events

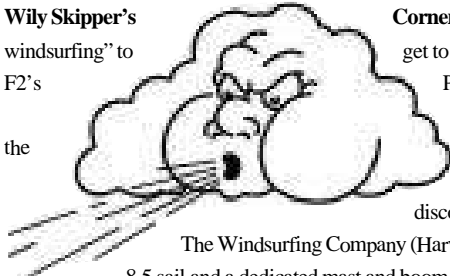
Please check the mailing label to see when your TBC membership dues need to be paid. If so, send a check to the TBC P.O. Box 662 Cary, NC 27513. The Triangle Boardsailing Club is one of the strongest in the country, but we are a small club and every membership counts. Thanks.  
-ye editor

**MAY 17<sup>th</sup> : TBC Club Trip**

**JUNE 7<sup>th</sup> : Jordan Lake Clean-up** Meet at Ebenezer between 8:00 and 8:15.

**JUNE 28<sup>th</sup> : Learn to Windsurf Day at Jordan Lake** For information, send an email to [triangleboardsailing@yahoo.com](mailto:triangleboardsailing@yahoo.com)

**Wily Skipper's**  
windsurfing" to  
F2's  
the



**Corner.** The editor is much impressed by boards shaped by Günter Lorch. Do a Google search on "Lorch boards get to their home page. Lorch shapes for some of Germany's top sailors. The bigger Lorch boards compete with Seatrend, PowerGlide, RRD, and Starboard. Not cheap, but EUR 1349 would get you one of these custom-made boards. [] [] [] Ebenezer Point was closed for several days in April due to high water. The Windtalker was out of commission because electricity had been turned off in the bathhouse. This happened during hurricane Fran, of course. [] [] [] Card-carrying TBC members can receive a ten-percent discount at certain windsurfing shops. Be sure to ask for your discount when purchasing equipment at Windsurfing Hatteras, Ride Hatteras, Sail World, Olaf and Margaret's place, and The Windsurfing Company (Harvey Hammond's shop). [] [] [] TBC races have taken on a new tone of seriousness now that Rich A. has upgraded to an 8.5 sail and a dedicated mast and boom. The editor hears knees knocking all around the Triangle. [] [] [] Just about everyone seems to use "In the Wind" for the name of their flotsam-and-jetsam column. Look for regular variation here.



High water at Ebenezer Point

### SURVEY: Paper or Plastic?

Once again the TBC Board has discussed the future course of *MindJibe*. Given the various technologies now available, there has inevitably been discussion of moving to some form of electronic distribution. Before making any changes in a 20-year tradition, your friendly neighborhood TBC Board of Directors would like to know if you would prefer to receive *MindJibe* in its current paper form as you are now reading, as a PDF attachment to an email, or in both formats. Please send comments and preferences about *MindJibe* to Vice President John Flavin at [jflavin@intrex.net](mailto:jflavin@intrex.net). (Please note that this is only a survey. A decision as to whether to support electronic delivery of *MindJibe* will be made later, depending on the interest expressed. The Board

must also take finances into consideration. while looking out for the Club's best interests.) --John Flavin

**Help is Available!** Got a question? Somebody in TBC has an answer!

Have you ever spent two years trying to figure out how to do something basic—set your harness lines, stay upwind in subplaning conditions, etc.—only to figure it out in a sudden flash of genius one afternoon at Jordan? Did you later realize that ten other people in the club could have told you all about it two years ago, if only you had asked? Yup, of course you have.

So what to do? Well, in the spirit of helping our members progress in skill and in fostering mentoring within the club, the TBC board of misdirectors is soliciting your questions. "How do I know when my downhaul is tight enough?" "I'm thinking about buying my first board. What do I need to consider?" (See also the Windsurfing Guru in this issue.) "How do I repair a nose ding on my new 2003 Bicstral Mindbender?" We, the Board, will promptly shame, blackmail, or otherwise coerce one of the more experienced members of the club into passing a few pearls of boardsailing wisdom on to you in the form of a short *MindJibe* article and/or website posting.

Just email your questions to John Flavin (one of our most distinctly inexperienced and untalented and therefore sympathetic members) at [jflavin@intrex.net](mailto:jflavin@intrex.net). He will put the word out to the appropriate local experts, and see to it that their helpful comments and advice are returned to you promptly, as well as posted in *MindJibe* and on the website for consumption by all the other members who had the same question but just hadn't got around to asking.

And as if that were not enough, try posting your question on the TBC chatboard at <http://killdevilhill.com/windsurfingchat/wwwboard.html>, frequented regularly by many of our most talented and gracious boardsailors. --John Flavin

MindJibe is the official newsletter of the Triangle Boardsailing Club. It is published five or six times per year.

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**SUBSCRIPTION RATES DECLINE FOR WINDSURFING MAGAZINE....**

For some years I have been concerned about the decline in subscription rate of our principal U. S. windsurfing magazine, *Windsurfing*. The magazine reports circulation statistics once a year in the March issue, as required by law (39 USC 3685). These statistics only corroborate what we see elsewhere: no more crowds at the Canadian Hole, fewer sailors at Ebenezer.

Paid subscriptions are a good indication of just how many people are really serious about windsurfing. The number of paid subscriptions to *Windsurfing* has dwindled from 62,775 subscriptions in 1990 to less than half that number in 2003. Of course magazines are sold at newsstands and other places to folks who only occasionally buy a copy. The total number of

copies printed is a general indication of how much interest there is in the public at large.

> Year Total Print Run No. of Paid/Requested Subs

> 2002	43,346	27,963	> 1997	89,891	51,657
> 2000	57,808	37,657	> 1996	84,308	45,210
> 1999	74,891	48,187	> 1995	87,710	48,323
> 1998	92,927	53,564	> 1994	88,872	62,973
			> 1993	89,064	66,104
			> 1992	90,894	68,986
			> 1991	90,486	63,349
			> 1990	93,648	62,775

> 19

Unfortunately, the total print run of *Windsurfing Magazine* has dropped at all most the same rate. In 1990 they printed a few more than 93,000 copies, but by 2002 the total had dropped to 43,346. I used to see copies of *Windsurfing* at the supermarket, but that was years ago. Most of the magazines at the supermarket probably have circulations somewhere in

the millions anyway. The top 90 U.S. magazines all have circulation rates above one million.

The decline is no one's fault in particular. And it is true that magazine subscriptions are down generally. Only a few of the top sellers such as Oprah's magazine have been able to gain any market share. There probably **are** fewer windsurfers in this country now. Some of us would rather play computer games, watch DVDs, or watch television than read windsurfing magazines. All of us have plenty, perhaps too many, choices.

I wonder how low *Windsurfing's* circulation can go before it folds? This would be a great shame. Some of the recent articles and comparisons have been really useful.  
--John Rutledge

*MindJibe* is looking for a few good contributors. All of us have had "golden moments" in windsurfing—experiences that leave us struck by the beauty of the elements or the sport, experiences of friendship and sharing with other sailors. These are things available only in windsurfing. How about writing up some of your "golden moments"—sailing in hard rain or winning that race—and sharing them with the readers of *MindJibe*?

## WINDSURFING CLASSES AT LAKE WHEELER PARK

Learn windsurfing with US Sailing-certified windsurfing instructor

Dave Marshall. Courses are scheduled for the following days:

**Course 1:** Sat., 24 May from 10 – 2

**Course 2:** Sat., 21 June from 10 – 2

**Course 3:** Sat., 19 July from 10 – 2

**Course 4:** Sat., 23 August from 10 – 2

**Course 5:** Sat., 6 September from 10 – 2

A course involves a four-hour period of instruction. The program teaches the essential principles of safe, confident windsurfing using a visual "hands-on" approach. Each class includes a one-hour academic classroom period of instruction, a one-hour beachside windsurfing simulator training period, and a two-hour supervised water session. Class size is limited to a maximum of 10 students. All students should bring proper swim- and footwear. Pre-registration is required for all classes. Go here for more information: [www.raleigh-nc.org/parks&rec/registration.PDF](http://www.raleigh-nc.org/parks&rec/registration.PDF)

Cost: \$50 for City of Raleigh residents; \$57 for non-city of Raleigh residents.

### Monthly TBC Socials

The TBC is trying to start a once a month social event. We randomly chose the 3rd Tuesday of every month, starting with June, so the first one would be that I'm thinking about having the first one on Tuesday, June 17. The idea is to have a regular opportunity to gather, hang out, meet your friends, make new friends, talk about windsurfing.

We need to choose a location. Some place that is not noisy, has food and drink, is kid friendly, is reasonably easy to get to, perhaps with a big screen TV we could commandeer. One place that has been suggested is the Cape Fear CrabHouse on St Marys Street in Raleigh. Other ideas and considerations are welcome. Please post your thoughts on the TBC chatboard (<http://killdevilhill.com/windsurfingchat/wwwboard.html>) or send mail to [triangleboardsailing@yahoogroups.com](mailto:triangleboardsailing@yahoogroups.com). The contact person for this is Jonathan Phillips.

--Randy Dunn

Randy Dunn is also looking into organizing some **CLUBSAILDAYS** at local lakes. The idea is to give people who are new to windsurfing a chance to sail with more experienced club members. This is not meant as a learn to windsurf day, so you should have at least had a beginner lesson, or sailed before. Randy would like to schedule this based on who is interested and when they can go. If you are interested, send an email to: [triangleboardsailing@yahoogroups.com](mailto:triangleboardsailing@yahoogroups.com). The first of these club sail days could be held on Saturday, May 31. You can also contact Randy by telephone at 919-467-9876.

## FLORIDA, ANYONE? Fort DeSoto Session Report

At 6 a. m., April 1, 2003, the Kernodles and the King-Oommens and their ton 'o gear, piled into Lorraine and Regi's new Toyota Highlander and set forth for St. Petersburg, FL. For Lorraine and me, the trip was all about wind and warm water. Cathy and Regi were more interested in rest, relaxation, and major league baseball. The 720 mile drive from Raleigh to St. Pete took about 12 hours. We stayed in a waterfront condo in the swanky Isla del Sol community, a five minute drive from Fort DeSoto, our target windsurfing site. For the first two days conditions were calm but serene, so sight-seeing was the order of the day. Luckily, there are many sights to see on the west coast of

Florida. We scoped out about a dozen other prime launch locations with grassy rigging and sandy beach: any possible wind direction was covered. On the third day our luck improved. Lorraine, Bob Bargamin (TBC emeritus), and I rigged up our biggest sails near Dog Beach at Fort DeSoto for the gentle onshore 5-11 mph sea breeze. The water was an attractive aquamarine color, about 69 degrees F.

Dog Beach has much to offer. Restrooms, shower, grassy rigging, short distance from parking area to the beach, free launching, and a kayak concession/launch a short walk across the street. It's located at the entrance to Tampa Bay, and there are a lot of very large boats in the channel, which is about one mile from the shore. The boat traffic creates occasional mild 2 foot wave sets which were a fun diversion. We had the place to ourselves, and sailed for about four hours. As we were enjoying après-sesh Margaritas on the patio, we saw former US Olympian Mike Gebhardt sailing his IMCO rig in Boco Ciego Bay. He was pumping aerobically, and passed by not more than 50 feet from our vantage point. —Mark Kernodle

## TBC SPRING RACE REPORT

The TBC held its annual spring race at Windmill Point in Nags Head on April 12. This was the first time I'd sailed at Windmill Point and I thought it was a great site. Plenty of parking and rigging areas, a sandy beach to launch from, and perfect water depth—never more than chest deep, but never so shallow that I had to worry about my fin hitting bottom. Plus it's only 3 ½ hours from my house in Cary, and that included time for a few stops. Also, as improvements to US 64 continue, it will get closer.

A bunch of TBC members headed down Friday night. I drove down Saturday morning. I was hoping that everybody else had partied too much the night before and that would impair their racing abilities, but that wasn't the case. Ten people showed up to race and we had good conditions: 70s and sunny, and more importantly, breezy. The wind was about 15 to 20 at the start of the race. Everybody rigged big sails, with most people sailing 7.5 to 9.0 sails

We ran eight heats with the course set across the wind. The first two heats were simple out and back, and we had plenty of wind with most people

planing and in the foot straps all the time. Rich Auerweck won both of the first heats.

The next two heats we switched to doing two laps: out and back, then out and back again, requiring three jibes. The wind dropped a little bit for these heats, but most people were still planing. John Rutledge won the third heat, and Jonathan Phillips won the fourth.

After running four heats we took a break for lunch. When we got back to racing, the wind had dropped, and people were starting to slog in the lulls. Some people think that Jonathan "Light Wind" Phillips made a deal with the wind gods to decrease the wind. The lighter winds definitely favored Jonathan, as he won the last four heats. By the last two races we were slogging most of the time. While this wasn't that good for racing, it made trash talking easier.

By the end of the eighth heat, the wind was almost gone and we were ready to crack open a cold beer and add up the score. It was no surprise to find the Jonathan had repeated as champion. The final results were:

1. Jonathan Phillips
2. Dana Thalheimer
3. Adlai Niggebrugge
4. Rich Auerweck
5. John Rutledge
6. Randy Dunn
7. Mark Kernodle

Tory Smith, Chuck Eldred, and Ernie McGrew also competed in some of the heats. Ernie was a big help with scoring.

After the race we headed to Goombays for post-race dinner and beers. Those of us who stayed Saturday night got several hours of shortboard sailing on Sunday, again at Windmill Point.

The next TBC race will be sometime this fall. Everybody needs to come out and see if Jonathan can three-peat. Competition will be stiffer in the fall, given the equipment race that has begun. —Randy Dunn

## The Windsurfing Guru

GEARHEAD: Guru, I'm hot to buy a new board. Got any tips?

GURU: Excellent! Windsurfing needs more Selfless Acts of Enlightened Compassion.

GEARHEAD: What do you mean, "Acts of Compassion"?

GURU: By buying a new board you support a struggling industry; you provide your buddies with opportunities to give you reams of advice; and when it's done, they can engage in endless delightful speculation about the wisdom of your choice. Why, the very struggle between good and evil tips toward the good when you buy a

new board. Anyway, here are a few pointers—tested by bitter experience, I might add.

- 1) If there's a serious "hole" in your board quiver, fill that; but
- 2) put your best money in the board you will use most of the time.
- 3) Know, through introspection or by asking an honest friend, what kind of sailor you really are, and

4) consider only boards that are right for your temperament and skill level. Do you want the latest and perhaps undertested design?

Maybe the fastest board upwind but hard to sail off the wind? How important are reliability, comfort, convenience, and durability?

5) Pick the right volume for your weight and most frequent conditions.

6) Focus on three or four boards designed for the kind of sailing you actually do.

7) Before you plunk down your money, demo several boards for a considerable time with the intention of finding a board

you **like**, rather than finding the perfect board—you don't have time to find the perfect board.

GEARHEAD: So, that's seven major points I have to juggle in my mind while suffering from acute board fever?

GURU: Few things in windsurfing are simple. And seven is a perfect number. By the way, have you heard my lecture

on numerological symbolism and windsurfing? I could condense it to 15 minutes, perhaps, but you'd lose a lot of good material.

GEARHEAD: Some other time, Guru. I think I see a good puff out there.

\*\*\*\*\*

VOICE OF MODERATION: Didn't I once hear you say "you can't have too many boards"?

GURU: Impossible question! How the dickens could *I* know for sure what *you* heard?!

MOD VOICE: A clever dodge, Guru, but you get my point. Do balance, moderation, restraint, and economy of means have any place in your windsurfing philosophy?

GURU: Yes, I do appreciate moderation—as long as it doesn't get out of hand. If moderation and efficiency are values that

appeal to you, you might aim to own two very carefully chosen boards: one large light to medium wind board and a smaller

board for those epic days. It's a sad Truth of this mortal life that there are just too many boards and not enough time.

## March Swap Meet

The March Swap Meet fell afoul of inclement weather. A few dedicated gearheads showed up at Lake Wheeler to market their wares, despite drizzle and threat of rain. Lake Wheeler supervisor Ben Herrmann allowed us to use the picnic shelter, but most sellers preferred to display their offerings right beside their vehicles. Swap meets provide an opportunity to meet with your buddies and talk about windsurfing. A few people new to the area showed up as well. This is an excellent time to purchase used gear. Very good equipment, often very little used, from the mid to late 1990s can be had for little money. Although the graphics and colors can seem a bit dated, the performance standards of gear from this period is quite high. —John Rutledge

## WindFest 2003

(This report is shamelessly cobbled together from postings on the TBC chatboard.)

**Vendors** Despite lack of official sponsorship, the following manufacturers made an appearance at WindFest: Aerotech, Exocet, Epic, Nautix, Select, Hydrotech, Ezzy, Fox Watersports, Sail World, World Sails, Avon Sailhouse, Starboard, Airrush, Sailworks, Kitty Hawk Kites, Cabrinha, Dakine, Gaastra, Hifly, Wipika, Fiberspar, AHD, New England Windsurfing Journal, Sky High USA, and Real Wind Board Sports. Several notable manufacturers were missing due solely to Windsurfing Hatteras' promise to no longer distribute their products if they were to attend. Apparently Windsurfing Hatteras is the largest East Coast distributor for many manufacturers and felt holding Windfest at FriscoWoods takes away from their business—this according to second-hand information received from the main organizer. (Bob Elmore)



**Lou Cerbone, Damon Buus, Randy Dunn at Swap Meet**

**Re-Newbie Perspective:** It had been 12 years since I last attempted windsurfing. I remembered it being challenging and fun. So when I was invited, I jumped at the opportunity to try it again. Fortunately for me, the wind was somewhere between weak and non-existent. The lack of wind gave me a chance to get used to standing on the board and manoeuvring myself around the sail without taking off at breakneck speed. I have to admit, however, after about 30 minutes of walking around a stationary board I wanted a little wind. The experienced folks were close to miserable: wishing for any kind of breeze. Finally, after several hours of waiting, the wind picked up. It was a perfect strength for someone like me who was just learning. For about 45 minutes or so (as long as my arms could stand it) I zigzagged back and forth, parallel to the shore. As time went on I felt more comfortable on the board and enjoyed the speed. The only problem was I got further and further from shore (the direction the wind was coming from) and had a hard time getting back. I finally jumped off and dragged the board back in. Later I noticed a couple of people doing the same thing, and I was told that going into the wind takes some experience.

Speaking of experience, it was definitely a great one, and I'm looking forward to my next one. (Daryl Brackett)

#### **WindFest Weather Report.**

**Thursday** - no wind, but at least it didn't rain; Canadian Hole had wind from 8:30 to 10:00 a.m.

**Friday** - very little wind. I heard that some people on 9.5 sails and early planing boards got planing for about 30 seconds. Started raining Friday afternoon and continued through Friday night. The board toss had to be postponed due to a strong downpour.

**Saturday** - light wind for most of the day, a little bit of rain. The wind came up strong about 6, but we had already changed into dry clothes and started drinking beer. Adlai did well in the board toss, but was eventually beaten.

**Sunday** - strong winds. I sailed from 8:30 until 2:00, starting on a 6.7 and then

switching to a 5.8. Unfortunately the demos gear was gone, it would have been good conditions to try out gear. –Randy Dunn

#### **Site Report.**

I had never sailed the Frisco Woods site and thought it was really great: what the Canadian Hole *should* be. Good water, good rigging areas, no deep hole. And for scenic beauty and amenities it can't be beat. Definitely a repeater for me. As camping site go, this seemed excellent. (John Rutledge)

# Triangle Boardsailing Club Membership Form

*please print clearly!*

New Member: \_\_\_ Renewal: \_\_\_

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Day: ( ) \_\_\_\_\_ Eve: ( ) \_\_\_\_\_

Email (optional): \_\_\_\_\_

<b>Make Check Payable to:</b> Triangle Boardsailing Club	
<b>Mail to:</b> Triangle Boardsailing Club P. O. Box 662 Cary, NC 27513	
<b>Dues:</b>	Single: \$12          Family: \$18

I, \_\_\_\_\_ as a member of the Triangle Boardsailing Club, do hereby acknowledge that it is impossible to eliminate all risks associated with the sport of boardsailing, and for myself, my executors, administrators, successors and assigns, waive, release and forever discharge any and all rights and claims for damages, whether they arise in tort, contract, equity or otherwise, which may accrue to me against the Triangle Boardsailing Club, its officers, directors, and members (hereinafter referred to collectively as the "TBC"), and which result from, originate and/or arise out of, directly or indirectly, my participation in TBC meetings or events, or use of TBC equipment. I do further indemnify and hold harmless the TBC against any and all liability or responsibility for any injury whatsoever, including but not limited to injury to my person or property, received, incurred, and/or arising out of, directly or indirectly, my participation in TBC events, or use of TBC equipment. My release is also given for the reproduction of any photographs taken of me or including me for use in media coverage. I understand that I am waiving rights, which may otherwise have been mine by law, and I do so of my own free will and consent.

The **Triangle Boardsailing Club** is a non-profit organization dedicated to promoting and preserving the sport of windsurfing.

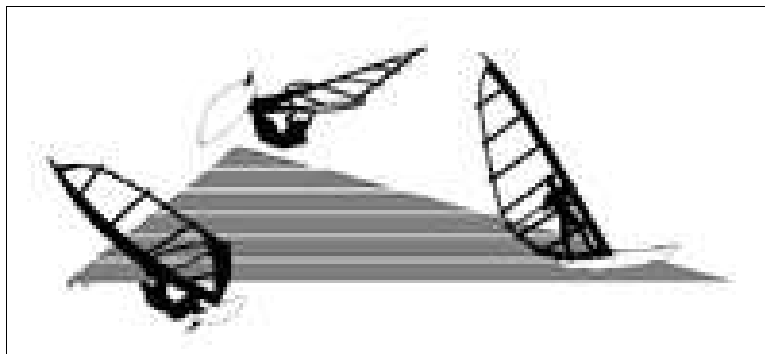
**TBC organizes:**

- Club windsurfing trip to Hatteras and other windy locations
- Club meetings and parties
- Free instructional clinics
- Swap meets
- Winter parties
- Swap meets
- Races

**Membership entitles you to:**

- As many issues of the Club's newsletter *MindJibe* as are published
- Free classified ad service in *MindJibe* and on the Club webpage
- Use of club-owned equipment on a sign-up basis as available
- Refreshments at club-sponsored events

In addition, TBC owns and maintains the local Windtalker at Jordan Lake (387-5969).



Please cut out and retain your membership card.



**Judi Harper and John Flavin at Swap Meet**

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Triangle Boardsailing Club  
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